Gosfield School

NURSERY ▪ PREP ▪ SENIOR ▪ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Early Years Snack Menu

Autumn 2026

Week One

*Items may vary daily due to availability

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Sugar Free Muffins (GL)	Crudites Hummus (S.Seed)	Crackers (GL) Cheese (M)	Fruit Fingers	Jam Sandwiches (GL)
Nursery AM	Bread (GL)	Muffins (GL, SOY)	Tea Cakes (GL, S)	Brioche (GL, E, M)	Banana
Nursery PM	Sugar Free Muffins (GL)	Crudites Hummus (S.Seed)	Crackers (GL) Cheese (M)	Fruit Fingers	Jam Sandwiches (GL)

Key
GL - Gluten M - Milk Egg - E
Soya - S S.Seed - Sesame Seed

Available Daily
Breadsticks (GL) Rice Cakes (No allergens)
Fruit - Apple/Banana/Orange (Cut and peeled appropriately)

Week Two

*Items may vary daily due to availability

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Flapjacks (GL)	Scones (GL, M)	Yoghurt (M)	Wholemeal Pitta Strips (GL) Cheese Spread (M)	Jam Sandwiches (GL)
Nursery AM	Bread (GL)	Crumpets (GL)	Bagels (GL)	Croissants (GL)	Banana
Nursery PM	Flapjacks (GL)	Scones (GL, M)	Yoghurt (M)	Wholemeal Pitta Strips (GL) Cheese Spread (M)	Jam Sandwiches (GL)

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