Gosfield School

NURSERY ▪ PREP ▪ SENIOR ▪ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Autumn 2026

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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.
Please feel free to get in touch with any questions or queries concerning students requirements.

Key
SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must
Lupin - Lup, Soya - Soy, Crustacean - Crust

*Please Note Allergens are subject to change, and are checked and updated daily.

The below choices are available at all times....

Jacket Potato
Choose your filling
Cheese | Beans | Tuna | Side Salad | Butter

Salad
Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day
Minimum two available, some examples below
Rice | Pasta | Caesar
Grape Apple & Celery | Cous Cous
Pasta available daily upon request

Proteins for Salad/Jackets
Protein Pot (Changes Daily) | Tuna
Cheese | Ham | Boiled Egg

Sandwiches
Some examples of what's on offer depending on availability
Ham | Cheese | Tuna | Egg Mayo
Cheese Mayo | Chicken & Bacon Mayo | BLT
Top up your own sandwich with any salad from the bottom shelf

Desserts
Fresh Fruit Pots | Yoghurt | Satsumas
Bananas | Apples

Still doesn't take your fancy?
Come and speak to one of the team!

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Week commencing

2nd November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Rich Tomato Sauce with Pasta (GL,SUL)	Chilli Con Carne	Chicken Pasta Bake with Creamy Pesto Sauce (GL,M)	Hot Chilli Dogs (GL, SUL)	Pizza (GL)
Gluten Free	GF Pork Meatballs in Rich Tomato Sauce with GF Pasta (SUL)	Chilli Con Carne	GF Chicken Pasta Bake with Creamy Pesto Sauce (M)	GF Hot Chilli Dogs	GF Pizza
Vegetarian	Vegetable & Tomato Ragu (GL,SUL)	Quorn Chilli Con Carne (GL, E)	Pasta Bake with Creamy Pesto Sauce (GL)	Vegan Sausage Chilli Dogs (GL)	Vegetable Pizza (GL)
On The Side	Mixed Veg Fresh Bread (GL)	Rice & Tortilla Chips Guacamole Sour Cream (M) & Salsa	Garlic Bread (GL)	Chips	Corn on the Cob
Dessert	Apple Crumble with Custard (GL, M)	Peaches & Cream (M)	Chocolate Courgette Cake (GL,E)	Firework Cake (GL, E)	Homemade Biscoff Cheesecake (GL, M, Soy)

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Week commencing

9th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butter Chicken Curry with Steamed Rice	Beef Stew Dumplings (GL,M, SUL)	Sausage Lattice	Fishfingers (GL,F) Fish Fillet (F) with Chips	Fajitas
Gluten Free	Butter Chicken Curry with Steamed Rice	GF Beef Stew Dumplings (M,SUL)	GF Sausage Lattice	GF Fish Fillet (F) with Chips	Fajitas
Vegetarian	Roasted Cauliflower Chickpea Curry	Quorn Stew (GL)	Vegetarian Sausage Lattice	Fishless Fingers (GL) with Chips	Vegetable Fajitas
On The Side	Naan Bread (GL)	Broccoli	Smashed New Potatoes & Gravy (GL)	Peas & Beans Tartar Sauce (E, Must) Lemon Wedges	Guacamole Salsa Tortilla Chips
Dessert	Apple & Rhubard Crumble with Custard (GL, M)	Pancakes & Syrup (GL,E,M)	Spiced Pear Cake (E,GL)	Fresh Fruit Salad	Beetroot Brownie (GL,E)

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16th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Smoked Bacon 3 Cheese Mac & Cheese (M,GL)	Beef Hot pot	All Day Breakfast (GL,E,SUL,M)	Breaded Chicken with Katsu Curry Sauce (GL)	Pasta Bolognese with Rich Tomato & Beef Ragu (GL)
Gluten Free	Smoked Bacon 3 Cheese GF Mac & Cheese (M)	Beef Hot pot	All Day Breakfast (E,SUL,M)	GF Breaded Chicken with Katsu Curry Sauce	GF Pasta Bolognese with Rich Tomato & Beef Ragu
Vegetarian	3 Cheese Mac & Cheese (M,GL)	Quorn Hot pot	All Day Breakfast (GL,E,M)	Vegetable Nuggets with Katsu Curry Sauce (GL)	Vegetarian Quorn Pasta Bolognese (GL)
On The Side	Fresh Bread (GL) Mixed Vegetables	Mixed Vegetables	Hash Brown Beans	Rice	Rocket Salad Cherry Tomatoes Parmesan (M)
Dessert	Apple & Pear Crumble with Custard (GL, M)	Eton Mess (E,M)	Ginger Cake (GL,E)	Peach Cobbler & Cream (GL,M,E)	Lemon Tiramisu (GL,M)

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23rd November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butchers Sausages	Chilli Con Carne	Hunters Chicken	Chicken Burger (GL)	Pizza (GL)
Gluten Free	GF Sausages	Chilli Con Carne	Hunter Chicken	Chicken Burger	GF Pizza
Vegetarian	Vegetarian Sausages	Quorn Chilli Con Carne (GL, E)	Vegan Hunters Chicken	Vegan Burgers (GL)	Vegetable Pizza (GL)
On The Side	Mash & Peas Gravy (GL)	Rice & Tortilla Chips Guacamole Sour Cream (M) & Salsa	Corn on the cob	Chips	Wedges
Dessert	Apple Crumble with Custard (GL, M)	Peaches & Cream (M)	Chocolate Courgette Cake (GL,E)	Rice Pudding & Cherry Jam (M)	Homemade Biscoff Cheesecake (GL, M, Soy)

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30th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Smoked Bacon 3 Cheese Mac & Cheese (M,GL)	Beef Hot pot	Chorizo Pasta Bake (GL,M)	Fajitas	Fishfingers (GL,F) Fish Fillet (F) with Chips
Gluten Free	Smoked Bacon 3 Cheese GF Mac & Cheese (M)	Beef Hot pot	GF Chorizo Pasta Bake (M)	Fajitas	GF Fish Fillet (F) with Chips
Vegetarian	3 Cheese Mac & Cheese (M,GL)	Quorn Hot pot	Tomato Pasta Bake (GL,M)	Vegetable Fajitas	Fishless Fingers (GL) with Chips
On The Side	Fresh Bread (GL) Mixed Vegetables	Mixed Vegetables	Garlic Bread (GL)	Guacamole Salsa Tortilla Chips	Peas & Beans Tartar Sauce (E, Must) Lemon Wedges
Dessert	Apple & Rhubard Crumble with Custard (GL, M)	Pancakes & Syrup (GL,E,M)	Spiced Pear Cake (E,GL)	Beetroot Brownie (GL,E)	Fresh Fruit Salad

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7th December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Rich Tomato Sauce with Pasta (GL,SUL)	All Day Breakfast (GL,E,SUL,M)	Pasta Bolognese with Rich Tomato & Beef Ragu (GL)	Christmas Dinner	Breaded Chicken with Katsu Curry Sauce (GL)
Gluten Free	GF Pork Meatballs in Rich Tomato Sauce with GF Pasta (SUL)	All Day Breakfast (E,SUL,M)	GF Pasta Bolognese with Rich Tomato & Beef Ragu	Christmas Dinner	GF Breaded Chicken with Katsu Curry Sauce
Vegetarian	Vegetable & Tomato Ragu (GL,SUL)	All Day Breakfast (GL,E,M)	Vegetarian Quorn Pasta Bolognese (GL)	Christmas Dinner	Vegetable Nuggets with Katsu Curry Sauce (GL)
On The Side	Mixed Veg Fresh Bread (GL)	Hash Brown Beans	Rocket Salad Cherry Tomatoes Parmesan (M)	All the Fixings	Rice
Dessert	Apple & Pear Crumble with Custard (GL, M)	Brownie (GL,E)	Cookies (GL,E,M,SOY)	Christmas Pudding or Yule Log (GL,M,E)	Lemon Tiramisu (GL,M)

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14th December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Hunters Chicken	Beef Burger (GL,SUL)			
Gluten Free	Hunters Chicken	GF Beef Burger (SUL)			
Vegetarian	Vegan Hunters Chicken	Meatless Burger (GL)			
On The Side	Wedges	Wholemeal Buns Chips			
Dessert	Apple Crumble with Custard (GL, M)	Malteaser Reindeer			