



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Autumn 2026



Gosfield School

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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy, Crustacean - Crust

*Please Note Allergens are subject to change, and are checked and updated daily.

The below choices are available at all times....

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

Minimum two available, some examples below

Rice | Pasta | Caesar

Grape Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (Changes Daily) | Tuna

Cheese | Ham | Boiled Egg

Sandwiches

Some examples of what's on offer depending on availability

Ham | Cheese | Tuna | Egg Mayo

Cheese Mayo | Chicken & Bacon Mayo | BLT

Top up your own sandwich with any salad from the bottom shelf

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas

Bananas | Apples

Still doesn't take your fancy?

Come and speak to one of the team!



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Bank Holiday	INSET	INSET	INSET & New Student Induction	Pizza with Cheese, Pepperoni & Meat Toppings (GL,SUL,M)
Gluten Free					GF Pizza with Cheese, Pepperoni & Meat Toppings (SUL,M)
Vegetarian					Margherita Pizza (GL,M)
On The Side					Chips Corn on the Cob
Dessert					Vanilla Cheesecake (GL, M, Soy)



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Week commencing

7th September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Smoked Bacon 3
Cheese Mac &
Cheese
(M, GL)

Chicken & Saute
Red Pepper
Fajitas
(GL, SUL)

Chicken Pasta Bake
with Creamy Pesto
Sauce
(GL, M)

Pasta Bolognese
with Rich Tomato &
Beef Ragu
(GL)

Fishfingers
(GL, F)
Fish Fillet (F)
with Chips

Gluten Free

Smoked Bacon 3
Cheese
GF Mac & Cheese
(M)

GF Chicken &
Saute Red
Pepper Fajitas
(GL, SUL)

GF Chicken Pasta
Bake with Creamy
Pesto Sauce
(M)

GF Pasta
Bolognese with
Rich Tomato &
Beef Ragu

GF Fish Fillet
(F)
with Chips

Vegetarian

3 Cheese
Mac & Cheese
(M, GL)

Vegetable &
Quorn Fajitas
(GL)

Pasta Bake with
Creamy Pesto
Sauce
(GL)

Vegetarian Quorn
Pasta Bolognese
(GL)

Fishless Fingers
(GL)
with Chips

On The Side

Fresh Bread
(GL)
Mixed Vegetables

Guacamole
Salsa
Tortilla

Garlic Bread
(GL)

Rocket Salad
Cherry Tomatoes
Parmesan
(M)

Peas & Beans
Tartar Sauce (E,
Must)
Lemon Wedges

Dessert

Peach & Raspberry
Eton Mess
(E, M)

Rice Pudding with
jam
(M)

Lemon Tiramisu
(M, E, GL)

Fresh Fruit Salad

Homemade Biscoff
Cheesecake
(GL, M, Soy)



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Week commencing

14th September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in
Rich Tomato
Sauce with Pasta
(GL,SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

Beef Ragu Lasagne
with Creamy
Mornay Sauce
(GL,M,E,Must)

Breaded Chicken
with Katsu Curry
Sauce
(GL)

Gluten Free

GF Pork Meatballs
in Rich Tomato
Sauce with GF
Pasta (SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

GF Beef Ragu
Lasagne with Creamy
Mornay Sauce
(GL,M,E,Must)

GF Breaded
Chicken with Katsu
Curry Sauce

Vegetarian

Vegetable &
Tomato Ragu
(GL,SUL)

Quorn Mince
Shepherd's Pie
with Cheesy Mash
(M)

Vegetable & Bean
Cassolette

Roasted Red Pepper
Lasagne with
Creamy Mornay
Sauce (GL,M,E,Must)

Vegetable Nuggets
with Katsu Curry
Sauce (GL)

On The Side

Green Beans
Fresh Bread (GL)

Mixed Vegetables
Gravy

Fresh Bread
Mixed Vegetables

Corn on the Cob
Mixed Leaf Salad

Rice
Fresh Broccoli
Sliced Carrots

Dessert

Apple Crumble
with Custard

Iced Sponge
Cake
(GL,E)

Carrot & Sultana
Cake
(GL,E)

Eton Mess
(E,M)

Freshly Baked
Cookies
(GL,E,M, Soy)



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A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

21st September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

Butchers Sausages
with Smashed New
Potatoes & Gravy
(GL)

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Gluten Free

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

GF Sausages with
Smashed New
Potatoes & Gravy

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Vegetarian

Roasted
Cauliflower,
Smashed Spiced
Butter Bean Curry

Hunters
Vegetarian Fillet
& BBQ Sauce

Vegetarian
Sausages with
Smashed New
Potatoes & Gravy

Quorn Chilli Con
Carne
(GL, E)

Jacket Potato &
Baguette Bar with
Various Toppings

On The Side

Naan Bread
(GL)
Mint Yoghurt
(M)

Potato Wedges
Sweetcorn

Cauliflower
Broccoli

Rice & Tortilla Chips
Guacamole
Sour Cream (M) &
Salsa

Jacket Potato &
Baguette Bar with
Various Toppings

Dessert

Homemade Iced
Lemon Sponge
Cake
(GL,E)

Peaches & Cream
(M)

Fruit Crumble &
Custard
(GL,M)

Fruit & Yoghurt
(M)

Chocolate Brownie
(GL,M,E)



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NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

28th September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Smoked Bacon 3
Cheese Mac &
Cheese
(M, GL)

Chicken & Saute
Red Pepper
Fajitas
(GL, SUL)

Chicken Pasta Bake
with Creamy Pesto
Sauce
(GL, M)

Pasta Bolognese
with Rich Tomato &
Beef Ragu
(GL)

Fishfingers
(GL, F)
Fish Fillet (F)
with Chips

Gluten Free

Smoked Bacon 3
Cheese
GF Mac & Cheese
(M)

GF Chicken &
Saute Red
Pepper Fajitas
(GL, SUL)

GF Chicken Pasta
Bake with Creamy
Pesto Sauce
(M)

GF Pasta
Bolognese with
Rich Tomato &
Beef Ragu

GF Fish Fillet
(F)
with Chips

Vegetarian

3 Cheese
Mac & Cheese
(M, GL)

Vegetable &
Quorn Fajitas
(GL)

Pasta Bake with
Creamy Pesto
Sauce
(GL)

Vegetarian Quorn
Pasta Bolognese
(GL)

Fishless Fingers
(GL)
with Chips

On The Side

Fresh Bread
(GL)
Mixed Vegetables

Guacamole
Salsa
Tortilla

Garlic Bread
(GL)

Rocket Salad
Cherry Tomatoes
Parmesan
(M)

Peas & Beans
Tartar Sauce (E,
Must)
Lemon Wedges

Dessert

Peach & Raspberry
Eton Mess
(E, M)

Rice Pudding with
jam
(M)

Lemon Tiramisu
(M, E, GL)

Fresh Fruit Salad

Homemade Biscoff
Cheesecake
(GL, M, Soy)



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NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

5th October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in
Rich Tomato
Sauce with Pasta
(GL,SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

Beef Ragu Lasagne
with Creamy
Mornay Sauce
(GL,M,E,Must)

Breaded Chicken
with Katsu Curry
Sauce
(GL)

Gluten Free

GF Pork Meatballs
in Rich Tomato
Sauce with GF
Pasta (SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

GF Beef Ragu
Lasagne with Creamy
Mornay Sauce
(GL,M,E,Must)

GF Breaded
Chicken with Katsu
Curry Sauce

Vegetarian

Vegetable &
Tomato Ragu
(GL,SUL)

Quorn Mince
Shepherd's Pie
with Cheesy Mash
(M)

Vegetable & Bean
Cassolette

Roasted Red Pepper
Lasagne with
Creamy Mornay
Sauce (GL,M,E,Must)

Vegetable Nuggets
with Katsu Curry
Sauce (GL)

On The Side

Rice
Noodles (GL)
Mixed Vegetables
Prawn Crackers

Mixed Vegetables
Gravy

Fresh Bread
Mixed Vegetables

Corn on the Cob
Mixed Leaf Salad

Rice
Fresh Broccoli
Sliced Carrots

Dessert

Apple Crumble
with Custard

Iced Sponge
Cake
(GL,E)

Carrot & Sultana
Cake
(GL,E)

Eton Mess
(E,M)

Freshly Baked
Cookies
(GL,E,M, Soy)



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NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

12th October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

Butchers Sausages
with Smashed New
Potatoes & Gravy
(GL)

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Gluten Free

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

GF Sausages with
Smashed New
Potatoes & Gravy

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Vegetarian

Roasted
Cauliflower,
Smashed Spiced
Butter Bean Curry

Hunters
Vegetarian Fillet
& BBQ Sauce

Vegetarian
Sausages with
Smashed New
Potatoes & Gravy

Quorn Chilli Con
Carne
(GL, E)

Jacket Potato &
Baguette Bar with
Various Toppings

On The Side

Naan Bread
(GL)
Mint Yoghurt
(M)

Potato Wedges
Sweetcorn

Cauliflower
Broccoli

Rice & Tortilla Chips
Guacamole
Sour Cream (M) &
Salsa

Jacket Potato &
Baguette Bar with
Various Toppings

Dessert

Homemade Iced
Lemon Sponge
Cake
(GL,E)

Peaches & Cream
(M)

Fruit Crumble &
Custard
(GL,M)

Fruit & Yoghurt
(M)

Chocolate Brownie
(GL,M,E)