Gosfield School

NURSERY ▪ PREP ▪ SENIOR ▪ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

EYFS Lunch Menu

Autumn 2026

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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request. Please feel free to get in touch with any questions or queries concerning students requirements.

Key
SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must
Lupin - Lup, Soya - Soy

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Week commencing

2nd November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Rich Tomato Sauce with Pasta (GL,SUL)	Chilli Con Carne	Chicken Pasta Bake with Creamy Pesto Sauce (GL,M)	Hot Chilli Dogs (GL, SUL)	Puff Pastry Pizza (GL)
Gluten Free	GF Pork Meatballs in Rich Tomato Sauce with GF Pasta (SUL)	Chilli Con Carne	GF Chicken Pasta Bake with Creamy Pesto Sauce (M)	GF Hot Chilli Dogs	GF Puff Pastry Pizza
Vegetarian	Vegetable & Tomato Ragu (GL,SUL)	Quorn Chilli Con Carne (GL, E)	Pasta Bake with Creamy Pesto Sauce (GL)	Vegan Sausage Chilli Dogs (GL)	Vegetable Puff pastry Pizza (GL)
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Wholemeal Buns	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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9th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butter Chicken Curry with Steamed Rice	Beef Stew Dumplings (GL,M, SUL)	Sausage Meat Lattice	Fishfingers (GL,F) Fish Fillet (F) with Chips	Fajitas
Gluten Free	Butter Chicken Curry with Steamed Rice	GF Beef Stew Dumplings (M,SUL)	GF Sausage Meat Lattice	GF Fish Fillet (F) with Chips	Fajitas
Vegetarian	Roasted Cauliflower Chickpea Curry	Quorn Stew (GL)	Vegetarian Sausage Meat Lattice	Fishless Fingers (GL) with Chips	Vegetable Fajitas
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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Week commencing

16th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Smoked Bacon 3 Cheese Mac & Cheese (M,GL)	Beef Hot pot	All Day Breakfast (GL,E,SUL,M)	Breaded Chicken with Katsu Curry Sauce (GL)	Pasta Bolognese with Rich Tomato & Beef Ragu (GL)
Gluten Free	Smoked Bacon 3 Cheese GF Mac & Cheese (M)	Beef Hot pot	All Day Breakfast (E,SUL,M)	GF Breaded Chicken with Katsu Curry Sauce	GF Pasta Bolognese with Rich Tomato & Beef Ragu
Vegetarian	3 Cheese Mac & Cheese (M,GL)	Quorn Hot pot	All Day Breakfast (GL,E,M)	Vegetable Nuggets with Katsu Curry Sauce (GL)	Vegetarian Quorn Pasta Bolognese (GL)
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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23rd November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butchers Sausage Meat	Chilli Con Carne	Hunters Chicken	Chicken Burger (GL)	Puff Pastry Pizza (GL)
Gluten Free	GF Sausage Meat	Chilli Con Carne	Hunter Chicken	Chicken Burger	GF Puff Pastry Pizza
Vegetarian	Sausage Meat	Quorn Chilli Con Carne (GL, E)	Vegan Hunters Chicken	Vegan Burgers (GL)	Vegetable Puff pastry Pizza (GL)
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Wholemeal Bun	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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30th November 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Smoked Bacon 3 Cheese Mac & Cheese (M,GL)	Beef Hot pot	Chorizo Pasta Bake (GL,M)	Fajitas	Fishfingers (GL,F) Fish Fillet (F) with Chips
Gluten Free	Smoked Bacon 3 Cheese GF Mac & Cheese (M)	Beef Hot pot	GF Chorizo Pasta Bake (M)	Fajitas	GF Fish Fillet (F) with Chips
Vegetarian	3 Cheese Mac & Cheese (M,GL)	Quorn Hot pot	Tomato Pasta Bake (GL,M)	Vegetable Fajitas	Fishless Fingers (GL) with Chips
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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7th December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Rich Tomato Sauce with Pasta (GL,SUL)	All Day Breakfast (GL,E,SUL,M)	Pasta Bolognese with Rich Tomato & Beef Ragu (GL)	Christmas Dinner	Breaded Chicken with Katsu Curry Sauce (GL)
Gluten Free	GF Pork Meatballs in Rich Tomato Sauce with GF Pasta (SUL)	All Day Breakfast (E,SUL,M)	GF Pasta Bolognese with Rich Tomato & Beef Ragu	Christmas Dinner	GF Breaded Chicken with Katsu Curry Sauce
Vegetarian	Vegetable & Tomato Ragu (GL,SUL)	All Day Breakfast (GL,E,M)	Vegetarian Quorn Pasta Bolognese (GL)	Christmas Dinner	Vegetable Nuggets with Katsu Curry Sauce (GL)
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)				

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14th December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Hunters Chicken	Beef Burger (GL,SUL)			
Gluten Free	Hunters Chicken	GF Beef Burger (SUL)			
Vegetarian	Vegan Hunters Chicken	Meatless Burger (GL)			
On The Side	Vegetable Crudites Brown Bread	Vegetable Crudites Brown Bread			
Dessert	A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote				