



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

EYFS Lunch Menu

Autumn 2026



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request. Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Bank Holiday	INSET	INSET	INSET	Puff Pastry Pizza with Cheese, Pepperoni & meat Toppings
Gluten Free					GF Puff Pastry Pizza with Cheese, Pepperoni & meat Toppings
Vegetarian					Puff Pastry Pizza Cheese & Tomato
On The Side					Vegetable Crudites Brown Bread
Dessert					A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



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A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

7th September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Smoked Bacon 3
Cheese Mac &
Cheese
(M,GL)

Chicken & Saute
Red Pepper
Fajitas
(GL,SUL)

Chicken Pasta Bake
with Creamy Pesto
Sauce
(GL,M)

Pasta Bolognese
with Rich Tomato &
Beef Ragu
(GL)

Fishfingers
(GL,F)
Fish Fillet (F)
with Chips

Gluten Free

Smoked Bacon 3
Cheese
GF Mac & Cheese
(M)

GF Chicken &
Saute Red
Pepper Fajitas
(GL,SUL)

GF Chicken Pasta
Bake with Creamy
Pesto Sauce
(M)

GF Pasta
Bolognese with
Rich Tomato &
Beef Ragu

GF Fish Fillet
(F)
with Chips

Vegetarian

3 Cheese
Mac & Cheese
(M,GL)

Vegetable &
Quorn Fajitas
(GL)

Pasta Bake with
Creamy Pesto
Sauce
(GL)

Vegetarian Quorn
Pasta Bolognese
(GL)

Fishless Fingers
(GL)
with Chips

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in Rich Tomato Sauce with Pasta (GL,SUL)

Lamb Shepherd's Pie with Cheesy Mash (M)

Chicken, Bacon & Bean Cassolette (SUL)

Beef Ragu Lasagne with Creamy Mornay Sauce (GL,M,E,Must)

Breaded Chicken with Katsu Curry Sauce (GL)

Gluten Free

GF Pork Meatballs in Rich Tomato Sauce with GF Pasta (SUL)

Lamb Shepherd's Pie with Cheesy Mash (M)

Chicken, Bacon & Bean Cassolette (SUL)

GF Beef Ragu Lasagne with Creamy Mornay Sauce (GL,M,E,Must)

GF Breaded Chicken with Katsu Curry Sauce

Vegetarian

Vegetable & Tomato Ragu (GL,SUL)

Quorn Mince Shepherd's Pie with Cheesy Mash (M)

Vegetable & Bean Cassolette

Roasted Red Pepper Lasagne with Creamy Mornay Sauce (GL,M,E,Must)

Vegetable Nuggets with Katsu Curry Sauce (GL)

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

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Brown Bread

Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



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A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

21st September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

Butchers Sausages
with Smashed New
Potatoes & Gravy
(GL)

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Gluten Free

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

GF Sausages with
Smashed New
Potatoes & Gravy

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Vegetarian

Roasted
Cauliflower,
Smashed Spiced
Butter Bean Curry

Hunters
Vegetarian Fillet
& BBQ Sauce

Vegetarian
Sausages with
Smashed New
Potatoes & Gravy

Quorn Chilli Con
Carne
(GL, E)

Jacket Potato &
Baguette Bar with
Various Toppings

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
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Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



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Week commencing

28th September 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Smoked Bacon 3
Cheese Mac &
Cheese
(M, GL)

Chicken & Saute
Red Pepper
Fajitas
(GL, SUL)

Chicken Pasta Bake
with Creamy Pesto
Sauce
(GL, M)

Pasta Bolognese
with Rich Tomato &
Beef Ragu
(GL)

Fishfingers
(GL, F)
Fish Fillet (F)
with Chips

Gluten Free

Smoked Bacon 3
Cheese
GF Mac & Cheese
(M)

GF Chicken &
Saute Red
Pepper Fajitas
(GL, SUL)

GF Chicken Pasta
Bake with Creamy
Pesto Sauce
(M)

GF Pasta
Bolognese with
Rich Tomato &
Beef Ragu

GF Fish Fillet
(F)
with Chips

Vegetarian

3 Cheese
Mac & Cheese
(M, GL)

Vegetable &
Quorn Fajitas
(GL)

Pasta Bake with
Creamy Pesto
Sauce
(GL)

Vegetarian Quorn
Pasta Bolognese
(GL)

Fishless Fingers
(GL)
with Chips

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

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Brown Bread

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Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



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NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

5th October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in
Rich Tomato
Sauce with Pasta
(GL,SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

Beef Ragu Lasagne
with Creamy
Mornay Sauce
(GL,M,E,Must)

Breaded Chicken
with Katsu Curry
Sauce
(GL)

Gluten Free

GF Pork Meatballs
in Rich Tomato
Sauce with GF
Pasta (SUL)

Lamb Shepherd's
Pie with Cheesy
Mash
(M)

Chicken, Bacon &
Bean Cassolette
(SUL)

GF Beef Ragu
Lasagne with Creamy
Mornay Sauce
(GL,M,E,Must)

GF Breaded
Chicken with Katsu
Curry Sauce

Vegetarian

Vegetable &
Tomato Ragu
(GL,SUL)

Quorn Mince
Shepherd's Pie
with Cheesy Mash
(M)

Vegetable & Bean
Cassolette

Roasted Red Pepper
Lasagne with
Creamy Mornay
Sauce (GL,M,E,Must)

Vegetable Nuggets
with Katsu Curry
Sauce (GL)

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



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NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

12th October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

Butchers Sausages
with Smashed New
Potatoes & Gravy
(GL)

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Gluten Free

Lamb Rogan
Josh Curry with
Steamed Rice

Hunters Chicken,
Smoked Bacon &
BBQ Sauce

GF Sausages with
Smashed New
Potatoes & Gravy

Chilli Con Carne

Jacket Potato &
Baguette Bar with
Various Toppings

Vegetarian

Roasted
Cauliflower,
Smashed Spiced
Butter Bean Curry

Hunters
Vegetarian Fillet
& BBQ Sauce

Vegetarian
Sausages with
Smashed New
Potatoes & Gravy

Quorn Chilli Con
Carne
(GL, E)

Jacket Potato &
Baguette Bar with
Various Toppings

On The Side

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Vegetable Crudites
Brown Bread

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)