



# Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

## School Lunch Menu

**Summer 2026**



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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

## Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy

**The below choices are available at all times....**

### **Jacket Potato**

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

### **Salad**

Sweetcorn | Beetroot | Cucumber | Lettuce  
Tomatoes | Peppers | Coleslaw

### **Composite Salad of the Day**

*Minimum two available, some examples below*

Rice | Pasta | Caesar

Grape Apple & Celery | Cous Cous

*Pasta available daily upon request*

### **Proteins for Salad/Jackets**

Protein Pot (Changes Daily) | Tuna

Cheese | Ham | Boiled Egg

### **Sandwiches**

*Some examples of what's on offer depending on availability*

Ham | Cheese | Tuna | Egg Mayo

Cheese Mayo | Chicken & Bacon Mayo | BLT

*Top up your own sandwich with any salad from the bottom shelf*

### **Desserts**

Fresh Fruit Pots | Yoghurt | Satsumas

Bananas | Apples

**Still doesn't take your fancy?**

**Come and speak to one of the team!**



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main

Pork Meatballs in rich Tomato & Basil Sauce (SUL)

Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy (GL, E)

Beef Hotpot in Rich Gravy with Garden Peas & Diced Carrots

Fishfingers (GL,F)  
GF Fish Fillet (F) with Chips

### Gluten Free

Pork Meatballs in rich Tomato & Basil Sauce (SUL)  
GF Pasta

Roast Chicken with Roast Potatoes, GF Yorkshire Pudding & Gravy (M, E)

Beef Hotpot in Rich Gravy with Garden Peas & Diced Carrots

GF Fish Fillet (F) with Chips

### Vegetarian

Vegetarian Meatballs in rich Tomato & Basil Sauce (GL)

Homemade Cheese & Onion Quiche (GL, M, E)

Vegetarian Hotpot Quorn (GL, E) in Gravy with Garden Peas & Diced Carrots

Fishless Fingers (GL) with Chips

### On The Side

Fusili Pasta (GL)  
Garlic Bread (GL, M)  
Mixed Leaf Salad

Fresh Broccoli  
Carrots  
Garden Peas

Saute Potatoes  
Mixed Vegetable

Peas & Beans  
Tartar Sauce (E, Must)  
Lemon Wedges

### Dessert

Rice Pudding with Jam (M)

Waffles with Syrup or Chocolate Sauce (GL, M, E, Soy)

Jam Doughnuts (GL, Soy) or Sugared Ring Doughnuts (GL, M, Soy)

Homemade Biscoff Cheesecake (GL, M, Soy)



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Week commencing

# 20th April 2026

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main**

Chinese Chicken with Sweet & Sour or BBQ Sauce (GL, Soy, Cel)

Pasta Bolognese (GL)

Breaded Chicken with Homemade Katsu Curry Sauce (GL)

Meat Feast Pizza (GL, M, SUL)

Fresh Butchers Sausages (GL, SUL)

**Gluten Free**

GF Chinese Chicken with Sweet & Sour or BBQ Sauce

GF Pasta Bolognese

GF Breaded Chicken with Homemade Katsu Curry Sauce

GF Meat Feast (M, SUL) or Margarita Pizza (M)

GF Sausages

**Vegetarian**

Homemade Sweet Potato & Chickpea Curry

Vegetable Lasagne (GL, M)

Vegetable Nuggets with Homemade Katsu Curry Sauce (GL)

Margarita Pizza (GL, M)

Vegetarian Sausages (GL, SUL)

**On The Side**

Rice Noodles (GL)  
Mixed Vegetables  
Prawn Crackers

Sweetcorn Mixed Leaf Salad  
Fresh Bread (GL)

Rice  
Fresh Broccoli  
Sliced Carrots

Garlic Bread (GL)  
Corn on the Cob  
Mixed Leaf Salad  
Pesto Pasta (GL)

Chips  
Baked Beans  
Garden Peas  
Gravy

**Dessert**

Eton Mess (E,M)

Iced Sponge Cake (GL,E)

Lemon Tiramisu (GL, M, E)

Freshly Baked Cookies (GL, E, M, Soy)

Choice of Chocolate, Strawberry or Vanilla Ice Cream (M)



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Week commencing

# 27th April 2026

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main**

Three Cheese  
Pasta Bake  
(GL, M)

Butter Chicken  
Curry with Rice

Fresh Butchers  
Sausages with  
Minted New  
Potatoes (GL)

Chilli Con Carne

Chicken Burger  
(GL)

**Gluten Free**

GF Three Cheese  
Pasta Bake  
(M)

Butter Chicken  
Curry with Rice

GF Sausages with  
Minted New  
Potatoes

Chilli Con Carne

GF Chicken  
Burger

**Vegetarian**

Tomato &  
Cheese Pasta  
Bake (GL, M)

Sweet Potato &  
Chickpea Curry  
with Rice

Vegetarian  
Sausages with  
Minted New  
Potatoes

Quorn Chilli Con  
Carne  
(GL, E)

Vegetable Burger  
(GL)

**On The Side**

Corn on the Cob  
Green Beans

Naan Bread (GL)  
Mango Chutney  
Mint & Coriander  
Dip (M)

Gravy  
Cauliflower Cheese  
(M)  
Broccoli

Rice & Tortilla Chips  
Guacamole  
Sour Cream (M) &  
Salsa

Chips  
Lettuce  
Sliced Tomatoes  
Mayonnaise (E)

**Dessert**

Homemade  
Apple Crumble  
with Custard  
(GL, M)

Homemade Iced  
Lemon Sponge  
Cake  
(GL, E)

Arctic Roll Choice of  
Strawberry or  
Chocolate  
(GL, E, M, Soy)

Homemade  
Cherry  
Shortbread  
(GL, SUL)

Fresh Fruit Salad



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main

Pasta Bolognese  
(GL)

Roast Chicken with  
Yorkshire Pudding  
and Gravy  
(GL, M, E)

Pesto Chicken  
Pasta  
(GL, M)

Fishfingers  
(GL,F)  
GF Fish Fillet (F)

#### Gluten Free

GF Pasta  
Bolognese

Roast Chicken  
GF Yorkshire  
Pudding & Gravy  
(M, E)

Pesto Chicken  
GF Pasta  
(M)

GF Fish Fillet  
(F)

#### Vegetarian

Vegetable Pasta  
Bolognese  
(GL, M)

Roasted Herb  
Quorn Fillet with  
Yorkshire Pudding  
and Gravy

Pesto Quorn  
Pasta  
(GL, M)

Homity Pie  
Potatoes, Onions,  
Leaks & Cheese in a  
Shortcrust Pastry  
(GL, M)

#### On The Side

Sweetcorn Mixed  
Leaf Salad  
Garlic Bread (GL)

Roast Potatoes  
Fresh Broccoli  
Garden Peas  
Sliced Carrots

Fresh Bread (GL)  
Green Beans  
Carrots

Chips  
Baked Beans  
Garden Peas  
Gravy

#### Dessert

Peach &  
Raspberry Eton  
Mess  
(M, E)

Homemade Jam &  
Coconut Sponge  
Cake  
(GL, E)

Freshly Baked  
Chocolate Chip  
Cookies  
(GL, E, M, Soy)

Homemade Carrot  
& Sultana Cake  
(GL, E)



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main

Macaroni Cheese  
with Bacon  
Lardons  
(GL, M, SUL)

BBQ Chicken

Fresh Butchers  
Sausages with  
Mash Potatoes or  
Potato Wedges (GL,  
SUL)

Pizza Chicken  
Chicken Topped  
with Tomato Sauce &  
Mozzarella (M)

Filled Bap with a  
Choice of Pulled  
Pork, Sausages or  
BBQ Chicken (GL)

### Gluten Free

GF Macaroni  
Cheese (M)

BBQ Chicken

GF Sausages with  
Mash Potatoes or  
Potato Wedges

Pizza Chicken  
Chicken Topped  
with Tomato Sauce &  
Mozzarella (M)

Filled GF Bap with  
a Choice of Pulled  
Pork, GF Sausages  
or BBQ Chicken

### Vegetarian

Macaroni  
Cheese (GL, M)

BBQ Quorn  
(GL)

Vegetarian  
Sausages with  
Mash Potatoes or  
Potato Wedges (GL,  
SUL)

Pizza Quorn  
Quorn Topped with  
Tomato Sauce &  
Mozzarella (GL, M)

Filled Bap with a  
Choice of Vegetarian  
Sausages or  
Vegetable Burger  
(GL)

### On The Side

Garlic Bread (GL)  
Mixed Leaf Salad  
Peas & Sweetcorn

Rice  
Pitta Bread (GL)  
Hummus (Sesame)  
Corn on the Cob

Gravy  
Broccoli  
Carrots

Crispy Cubed  
Potatoes  
Garden Peas &  
Sweetcorn

Chips  
Mixed Leaf Salad

### Dessert

Rice Pudding  
with Cherry Jam  
(M)

Homemade  
Shortbread  
(GL)

Arctic Roll  
Choice of  
Strawberry or  
Chocolate (GL, E, M,  
Soy)

Homemade  
Iced Cupcakes  
GL, E)

Mixed Melon,  
Grape &  
Strawberry  
Medley



# Gosfield School

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Week commencing

# 18th May 2026

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main**

Pork Meatballs  
in rich Tomato &  
Basil Sauce  
(SUL)

Chicken Tenders  
with Potato  
Wedges (GL, E, M)

Freshly Baked  
Sausage Roll with  
New Potatoes &  
Gravy

Chicken Tikka Masla  
with Rice

Pepperoni Pizza  
(GL, M)

**Gluten Free**

Pork Meatballs  
in rich Tomato &  
Basil Sauce  
GF Pasta (SUL)

GF Chicken  
Tenders with  
Potato Wedges

GF Sausage Roll  
with New Potatoes  
& Gravy

Chicken Tikka  
Masala with Rice

GF Pepperoni or  
Margarita Pizza (M)

**Vegetarian**

Vegetarian  
Meatballs in rich  
Tomato & Basil  
Sauce

Vegetable  
Nuggets with  
Potato Wedges  
(GL)

Cheese & Vegetable  
Turnover

Vegetable Tikka  
Masala with Rice

Margarita Pizza  
(GL, M)

**On The Side**

Fusilli (GL)  
Garden Peas  
Sweetcorn

Corn on the Cob  
Homemade Tomato  
Dip  
Sour Cream & Chive  
(M)

Fresh Broccoli  
Mixed Vegetables

Naan Bread (GL)  
Mint & Coriander  
Dip (M)  
Mango Chutney

Chips  
Mixed Leaf Salad  
Homemade  
Coleslaw

**Dessert**

Eton Mess  
(M, E)

Homemade  
Chocolate  
Brownie (GL, M)

Homemade  
Crumble & Custard  
(GL, M)

Jam Doughnuts  
(GL, Soy) or Sugared  
Ring Doughnuts (GL,  
M, Soy)

Choice of  
Chocolate,  
Strawberry or  
Vanilla Ice Cream  
(M)