



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Summer 2026



Gosfield School

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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy

The below choices are available at all times....

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

Minimum two available, some examples below

Rice | Pasta | Caesar

Grape Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (Changes Daily) | Tuna

Cheese | Ham | Boiled Egg

Sandwiches

Some examples of what's on offer depending on availability

Ham | Cheese | Tuna | Egg Mayo

Cheese Mayo | Chicken & Bacon Mayo | BLT

Top up your own sandwich with any salad from the bottom shelf

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas

Bananas | Apples

Still doesn't take your fancy?

Come and speak to one of the team!



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in rich Tomato & Basil Sauce (SUL)

Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy (GL, E)

Beef Hotpot in Rich Gravy with Garden Peas & Diced Carrots

Fishfingers (GL,F)
GF Fish Fillet (F) with Chips

Gluten Free

Pork Meatballs in rich Tomato & Basil Sauce (SUL)
GF Pasta

Roast Chicken with Roast Potatoes, GF Yorkshire Pudding & Gravy (M, E)

Beef Hotpot in Rich Gravy with Garden Peas & Diced Carrots

GF Fish Fillet (F) with Chips

Vegetarian

Vegetarian Meatballs in rich Tomato & Basil Sauce (GL)

Homemade Cheese & Onion Quiche (GL, M, E)

Vegetarian Hotpot Quorn (GL, E) in Gravy with Garden Peas & Diced Carrots

Fishless Fingers (GL) with Chips

On The Side

Fusili Pasta (GL)
Garlic Bread (GL, M)
Mixed Leaf Salad

Fresh Broccoli
Carrots
Garden Peas

Saute Potatoes
Mixed Vegetable

Peas & Beans
Tartar Sauce (E, Must)
Lemon Wedges

Dessert

Rice Pudding with Jam (M)

Waffles with Syrup or Chocolate Sauce (GL, M, E, Soy)

Jam Doughnuts (GL, Soy) or Sugared Ring Doughnuts (GL, M, Soy)

Homemade Biscoff Cheesecake (GL, M, Soy)



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Week commencing

20th April 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Chinese Chicken with Sweet & Sour or BBQ Sauce (GL, Soy, Cel)

Pasta Bolognese (GL)

Breaded Chicken with Homemade Katsu Curry Sauce (GL)

Meat Feast Pizza (GL, M, SUL)

Fresh Butchers Sausages (GL, SUL)

Gluten Free

GF Chinese Chicken with Sweet & Sour or BBQ Sauce

GF Pasta Bolognese

GF Breaded Chicken with Homemade Katsu Curry Sauce

GF Meat Feast (M, SUL) or Margarita Pizza (M)

GF Sausages

Vegetarian

Homemade Sweet Potato & Chickpea Curry

Vegetable Lasagne (GL, M)

Vegetable Nuggets with Homemade Katsu Curry Sauce (GL)

Margarita Pizza (GL, M)

Vegetarian Sausages (GL, SUL)

On The Side

Rice Noodles (GL)
Mixed Vegetables
Prawn Crackers

Sweetcorn Mixed Leaf Salad
Fresh Bread (GL)

Rice
Fresh Broccoli
Sliced Carrots

Garlic Bread (GL)
Corn on the Cob
Mixed Leaf Salad
Pesto Pasta (GL)

Chips
Baked Beans
Garden Peas
Gravy

Dessert

Eton Mess (E,M)

Iced Sponge Cake (GL,E)

Lemon Tiramisu (GL, M, E)

Freshly Baked Cookies (GL, E, M, Soy)

Choice of Chocolate, Strawberry or Vanilla Ice Cream (M)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Three Cheese
Pasta Bake
(GL, M)

Butter Chicken
Curry with Rice

Fresh Butchers
Sausages with
Minted New
Potatoes (GL)

Chilli Con Carne

Chicken Burger
(GL)

Gluten Free

GF Three Cheese
Pasta Bake
(M)

Butter Chicken
Curry with Rice

GF Sausages with
Minted New
Potatoes

Chilli Con Carne

GF Chicken
Burger

Vegetarian

Tomato &
Cheese Pasta
Bake (GL, M)

Sweet Potato &
Chickpea Curry
with Rice

Vegetarian
Sausages with
Minted New
Potatoes

Quorn Chilli Con
Carne
(GL, E)

Vegetable Burger
(GL)

On The Side

Corn on the Cob
Green Beans

Naan Bread (GL)
Mango Chutney
Mint & Coriander
Dip (M)

Gravy
Cauliflower Cheese
(M)
Broccoli

Rice & Tortilla Chips
Guacamole
Sour Cream (M) &
Salsa

Chips
Lettuce
Sliced Tomatoes
Mayonnaise (E)

Dessert

Homemade
Apple Crumble
with Custard
(GL, M)

Homemade Iced
Lemon Sponge
Cake
(GL, E)

Arctic Roll Choice of
Strawberry or
Chocolate
(GL, E, M, Soy)

Homemade
Cherry
Shortbread
(GL, SUL)

Fresh Fruit Salad



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pasta Bolognese
(GL)

Roast Chicken with
Yorkshire Pudding
and Gravy
(GL, M, E)

Pesto Chicken
Pasta
(GL, M)

Fishfingers
(GL,F)
GF Fish Fillet (F)

Gluten Free

GF Pasta
Bolognese

Roast Chicken
GF Yorkshire
Pudding & Gravy
(M, E)

Pesto Chicken
GF Pasta
(M)

GF Fish Fillet
(F)

Vegetarian

Vegetable Pasta
Bolognese
(GL, M)

Roasted Herb
Quorn Fillet with
Yorkshire Pudding
and Gravy

Pesto Quorn
Pasta
(GL, M)

Homity Pie
Potatoes, Onions,
Leaks & Cheese in a
Shortcrust Pastry
(GL, M)

On The Side

Sweetcorn Mixed
Leaf Salad
Garlic Bread (GL)

Roast Potatoes
Fresh Broccoli
Garden Peas
Sliced Carrots

Fresh Bread (GL)
Green Beans
Carrots

Chips
Baked Beans
Garden Peas
Gravy

Dessert

Peach &
Raspberry Eaton
Mess
(M, E)

Homemade Jam &
Coconut Sponge
Cake
(GL, E)

Freshly Baked
Chocolate Chip
Cookies
(GL, E, M, Soy)

Homemade Carrot
& Sultana Cake
(GL, E)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Macaroni Cheese
with Bacon
Lardons
(GL, M, SUL)

BBQ Chicken

Fresh Butchers
Sausages with
Mash Potatoes or
Potato Wedges (GL,
SUL)

Pizza Chicken
Chicken Topped
with Tomato Sauce &
Mozzarella (M)

Filled Bap with a
Choice of Pulled
Pork, Sausages or
BBQ Chicken (GL)

Gluten Free

GF Macaroni
Cheese (M)

BBQ Chicken

GF Sausages with
Mash Potatoes or
Potato Wedges

Pizza Chicken
Chicken Topped
with Tomato Sauce &
Mozzarella (M)

Filled GF Bap with
a Choice of Pulled
Pork, GF Sausages
or BBQ Chicken

Vegetarian

Macaroni
Cheese (GL, M)

BBQ Quorn
(GL)

Vegetarian
Sausages with
Mash Potatoes or
Potato Wedges (GL,
SUL)

Pizza Quorn
Quorn Topped with
Tomato Sauce &
Mozzarella (GL, M)

Filled Bap with a
Choice of Vegetarian
Sausages or
Vegetable Burger
(GL)

On The Side

Garlic Bread (GL)
Mixed Leaf Salad
Peas & Sweetcorn

Rice
Pitta Bread (GL)
Hummus (Sesame)
Corn on the Cob

Gravy
Broccoli
Carrots

Crispy Cubed
Potatoes
Garden Peas &
Sweetcorn

Chips
Mixed Leaf Salad

Dessert

Rice Pudding
with Cherry Jam
(M)

Homemade
Shortbread
(GL)

Arctic Roll
Choice of
Strawberry or
Chocolate (GL, E, M,
Soy)

Homemade
Iced Cupcakes
GL, E)

Mixed Melon,
Grape &
Strawberry
Medley



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Week commencing

18th May 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs
in rich Tomato &
Basil Sauce
(SUL)

Chicken Tenders
with Potato
Wedges (GL, E, M)

Freshly Baked
Sausage Roll with
New Potatoes &
Gravy

Chicken Tikka Masla
with Rice

Pepperoni Pizza
(GL, M)

Gluten Free

Pork Meatballs
in rich Tomato &
Basil Sauce
GF Pasta (SUL)

GF Chicken
Tenders with
Potato Wedges

GF Sausage Roll
with New Potatoes
& Gravy

Chicken Tikka
Masala with Rice

GF Pepperoni or
Margarita Pizza (M)

Vegetarian

Vegetarian
Meatballs in rich
Tomato & Basil
Sauce

Vegetable
Nuggets with
Potato Wedges
(GL)

Cheese & Vegetable
Turnover

Vegetable Tikka
Masala with Rice

Margarita Pizza
(GL, M)

On The Side

Fusilli (GL)
Garden Peas
Sweetcorn

Corn on the Cob
Homemade Tomato
Dip
Sour Cream & Chive
(M)

Fresh Broccoli
Mixed Vegetables

Naan Bread (GL)
Mint & Coriander
Dip (M)
Mango Chutney

Chips
Mixed Leaf Salad
Homemade
Coleslaw

Dessert

Eton Mess
(M, E)

Homemade
Chocolate
Brownie (GL, M)

Homemade
Crumble & Custard
(GL, M)

Jam Doughnuts
(GL, Soy) or Sugared
Ring Doughnuts (GL,
M, Soy)

Choice of
Chocolate,
Strawberry or
Vanilla Ice Cream
(M)