



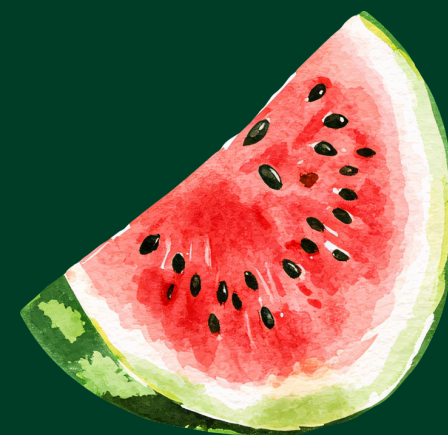
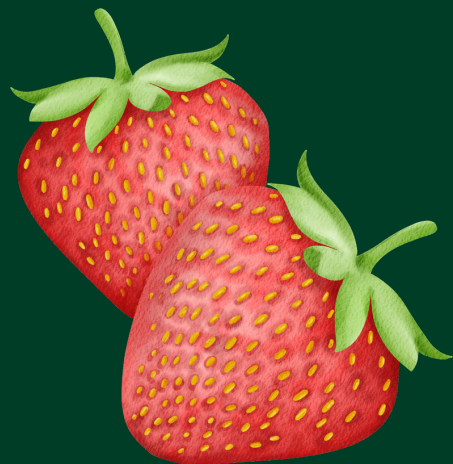
Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

EYFS Lunch Menu

Summer 2026





Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request. Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs
in rich Tomato &
Basil Sauce
(SUL)

Roast Chicken with
Roast Potatoes,
Yorkshire Pudding &
Gravy (GL, E)

Beef Hotpot
in Rich Gravy with
Garden Peas &
Diced Carrots

Fishfingers
(GL,F)
with Chips

Gluten Free

Pork Meatballs in
rich Tomato & Basil
Sauce (SUL)
GF Pasta

Roast Chicken with
Roast Potatoes, GF
Yorkshire Pudding &
Gravy (M, E)

Beef Hotpot
in Rich Gravy with
Garden Peas &
Diced Carrots

GF Fish Fillet
(F)
with Chips

Vegetarian

Vegetarian
Meatballs in rich
Tomato & Basil
Sauce (GL)

Homemade
Cheese & Onion
Quiche
(GL, M, E)

Vegetarian Hotpot
Quorn (GL, E) in
Gravy with Garden
Peas & Diced Carrots

Fishless Fingers
(GL)
with Chips

On The Side

Fusili Pasta
(GL)
Mixed Leaf Salad

Fresh Broccoli
Carrots
Garden Peas

Saute Potatoes
Mixed Vegetable

Garden Peas
Baked Beans

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

20th April 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Chinese Chicken with Sweet & Sour or BBQ Sauce (GL, Soy, Cel)

Pasta Bolognese (GL)

Breaded Chicken with Homemade Katsu Curry Sauce (GL)

Jacket Potato served with Baked Beans & Cheese

Skinless Sausages (GL, SUL)

Gluten Free

GF Chinese Chicken with Sweet & Sour or BBQ Sauce

GF Pasta Bolognese

GF Breaded Chicken with Homemade Katsu Curry Sauce

Jacket Potato served with Baked Beans & Cheese

GF Sausages

Vegetarian

Homemade Sweet Potato & Chickpea Curry

Vegetable Lasagne (GL, M)

Vegetable Nuggets with Homemade Katsu Curry Sauce (GL)

Jacket Potato served with Baked Beans & Cheese

Vegetarian Sausages (GL, SUL)

On The Side

Rice Mixed Vegetables

Sweetcorn Mixed Leaf Salad

Rice Fresh Broccoli Sliced Carrots

Mixed Leaf Salad Pesto Pasta (GL)

Chips Baked Beans Garden Peas Gravy

Dessert

A Selection of Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Gosfield School

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A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

27th April 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Three Cheese
Pasta Bake
(GL, M)

Butter Chicken
Curry with Rice

Skinless Sausages
with Minted New
Potatoes (GL)

Chilli Con Carne

Chicken Strips
(GL)

Gluten Free

GF Three Cheese
Pasta Bake
(M)

Butter Chicken
Curry with Rice

GF Sausages with
Minted New
Potatoes

Chilli Con Carne

GF Chicken
Filet

Vegetarian

Tomato &
Cheese Pasta
Bake (GL, M)

Sweet Potato &
Chickpea Curry
with Rice

Vegetarian
Sausages with
Minted New
Potatoes

Quorn Chilli Con
Carne
(GL, E)

Vegetable Burger
(GL)

On The Side

Green Beans

Gravy
Cauliflower Cheese
(M)
Broccoli

Rice

Chips
Lettuce
Sliced Tomatoes
Mayonnaise (E)

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pasta Bolognese
(GL, M)

Roast Chicken with
Yorkshire Pudding
and Gravy
(GL, M, E)

Pesto Chicken
Pasta
(GL, M)

Fishfingers
(GL,F)

Gluten Free

GF Pasta
Bolognese

Roast Chicken
GF Yorkshire
Pudding & Gravy
(M, E)

Pesto Chicken
GF Pasta
(M)

GF Fish Fillet
(F)

Vegetarian

Vegetable Pasta
Bolognese
(GL, M)

Roasted Herb
Quorn Fillet with
Yorkshire Pudding
and Gravy

Pesto Quorn
Pasta
(GL, M)

Homity Pie
Potatoes, Onions,
Leaks & Cheese in a
Shortcrust Pastry
(GL, M)

On The Side

Sweetcorn Mixed
Leaf Salad

Roast Potatoes
Fresh Broccoli
Garden Peas
Sliced Carrots

Green Beans
Carrots

Chips
Baked Beans
Garden Peas

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week commencing

11th May 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Macaroni Cheese
with Bacon
Lardons
(GL, M, SUL)

BBQ Chicken

Skinless Sausages
with Mash Potatoes
or Potato Wedges
(GL, SUL)

Pizza Chicken
Chicken Topped
with Tomato Sauce &
Mozzarella (M)

Filled Bap with a
Choice of Pulled
Pork, Sausages or
BBQ Chicken (GL)

Gluten Free

GF Macaroni
Cheese (M)

BBQ Chicken

GF Sausages with
Mash Potatoes or
Potato Wedges

Pizza Chicken
Chicken Topped
with Tomato Sauce &
Mozzarella (M)

Filled GF Bap with
a Choice of Pulled
Pork, GF Sausages
or BBQ Chicken

Vegetarian

Macaroni
Cheese (GL, M)

BBQ Quorn
(GL)

Vegetarian
Sausages with
Mash Potatoes or
Potato Wedges (GL,
SUL)

Pizza Quorn
Quorn Topped with
Tomato Sauce &
Mozzarella (GL, M)

Filled Bap with a
Choice of Vegetarian
Sausages or
Vegetable Burger
(GL)

On The Side

Garlic Bread (GL)
Mixed Leaf Salad
Peas & Sweetcorn

Rice
Pitta Bread (GL)
Hummus (Sesame)
Corn on the Cob

Gravy
Broccoli
Carrots

Crispy Cubed
Potatoes
Garden Peas &
Sweetcorn

Chips
Mixed Leaf Salad

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork Meatballs in rich Tomato & Basil Sauce (GL, SUL)

Chicken Tenders with Potato Wedges (GL, E, M)

Freshly Baked Sausage Roll with New Potatoes & Gravy

Chicken Tikka Masla with Rice

Jacket Potato served with Baked Beans & Cheese

Gluten Free

GF Pork Meatballs in rich Tomato & Basil Sauce GF Pasta (SUL)

GF Chicken Tenders with Potato Wedges

GF Sausage Roll with New Potatoes & Gravy

Chicken Tikka Masala with Rice

Jacket Potato served with Baked Beans & Cheese

Vegetarian

Vegetarian Meatballs in rich Tomato & Basil Sauce

Vegetable Nuggets with Potato Wedges (GL)

Cheese & Vegetable Turnover

Vegetable Tikka Masala with Rice

Jacket Potato served with Baked Beans & Cheese

On The Side

Fusilli (GL)
Garden Peas
Sweetcorn

Corn on the Cob
Homemade Tomato Dip
Sour Cream & Chive (M)

Fresh Broccoli
Mixed Vegetables

Mixed Leaf Salad
Homemade Coleslaw

Dessert

A Selection of
Fresh Fruit, Full Fat Yoghurt with Fruit Compote and Sugar Free Jelly (Fridays only)



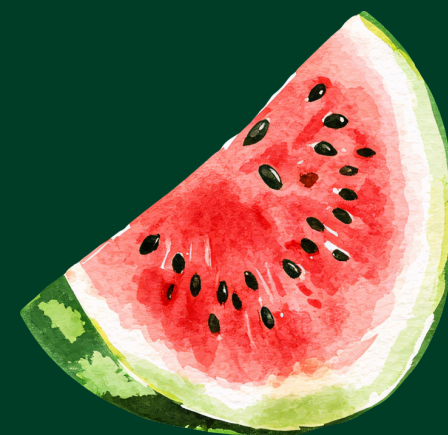
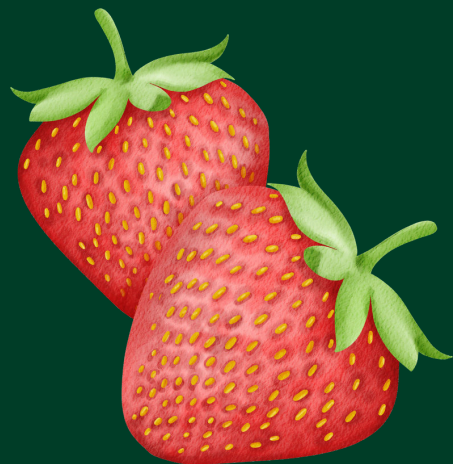
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EYFS Snack Menu

Summer 2026



Week One

*Items may vary daily due to availability

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Eggs (E) Cheese (M)	Banana	Crackers (GL) Cheese (M)	Pepper Cucumber Carrot Hummus (S.Seed)	Wholemeal Sandwiches (GL)
Nursery AM	Muffins (GL)	Crumpets (GL)	Tea Cakes (GL, S)	Croissants (GL)	Banana
Nursery PM	Eggs (E) Cheese (M)	Fruit Finger Selection	Crackers (GL) Cheese (M)	Pepper Cucumber Carrot Hummus (S.S)	Wholemeal Sandwiches (GL)

Key

GL - Gluten M - Milk Egg - E
Soya - S S.Seed - Sesame Seed

Available Daily

Breadsticks (GL) Rice Cakes (No allergens)
Fruit - Apple/Banana/Orange (Cut and peeled appropriately)

Week Two

*Items may vary daily due to availability

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Cheese Scones (GL, M)	Pepper Cucumber Carrot Hummus (S.Seed)	Fruit Smoothie (M)	Wholemeal Pitta Strips (GL) Cheese Spread (M)	Wholemeal Sandwiches (GL)
Nursery AM	Wholemeal Bread (GL)	Tea Cakes (GL, S)	Crumpets (GL)	Croissants (GL)	Banana
Nursery PM	Cheese Scones (GL, M)	Pepper Cucumber Carrot Hummus (S.Seed)	Fruit Smoothie (M)	Wholemeal Pitta Strips (GL) Cheese Spread (M)	Wholemeal Sandwiches (GL)

Key

GL - Gluten M - Milk Egg - E
Soya - S S.Seed - Sesame Seed

Available Daily

Breadsticks (GL) Rice Cakes (No allergens)
Fruit - Apple/Banana/Orange (Cut and peeled appropriately)