



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Spring 2026



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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy

The below choices are available at all times....

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

Minimum two available, some examples below

Rice | Pasta | Caesar

Grape Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (Changes Daily) | Tuna

Cheese | Ham | Boiled Egg

Sandwiches

Some examples of what's on offer depending on availability

Ham | Cheese | Tuna | Egg Mayo

Cheese Mayo | Chicken & Bacon Mayo | BLT

Top up your own sandwich with any salad from the bottom shelf

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas

Bananas | Apples

Still doesn't take your fancy?

Come and speak to one of the team!



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Classic Italian
Lasagne
(GL,M)

Chicken Pesto
(M)

Sausage & Mash
(GL,SUL)

Pork Meatballs
in Tomato Sauce
(SUL)
Pasta (GL)

Fishfingers
(GL,F)
GF Fish Fillet (F)

Gluten Free

GF Lasagne
(M)

Chicken Pesto
(M)

GF Sausages &
Mash

Pork Meatballs
in Tomato Sauce
(SUL)
GF Pasta

GF Fish Fillet
(F)

Vegetarian

Vegetarian
Lasagne
(E)

Quorn Pesto
(M)

Quorn Sausages
& Mash

Meatless Balls in
Tomato Sauce
(SUL)
GF Pasta

Fishless Fingers
(GL)

On The Side

Garlic Bread
(GL,M)
Peas

Saute Potato
Broccoli
Carrots

Yorkshire Pudding
(GL,E,M)
Seasonal Vegetables
Gravy

Focaccia Bread
(GL)
Mixed
Vegetables

Chips
Peas
Beans

Dessert

Rice Pudding (M)
Mousses (M)

Birthday Cake
(GL,E)

Fruit Crumble
(GL)
Custard (M)

Cookies
(GL,E,M,SOY)

Brownie
(GL,E,SOY)



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Week commencing

2nd March 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Bolognese (GL)	Mild Chicken Curry	Macaroni Cheese & Ham Bake (GL,M)	All Day Breakfast Egg (E) Sausage (GL,SUL) Bacon	Bap (GL) BBQ Chicken Skinless Sausage (GL,SUL)
Gluten Free	GF Pasta Bolognese	Mild Chicken Curry	GF Macaroni Cheese	All Day Breakfast Egg (E) GF Sausage (SUL) Bacon	GF Bap (SOY) BBQ Chicken GF Sausage (SUL)
Vegetarian	Vegetarian Pasta Bolognese (E)	Mild Vegetable Curry	Maaroni Cheese (GL,M)	All Day Breakfast Egg (E) Veg Sausage (SUL)	Bap (GL) Veg Sausage (GL) BBQ Quorn (GL)
On The Side	Peas	Rice & Poppadoms Naan Bread (GL) Rajita (M) Mango Chutney	Mixed Vegetables Focaccia Bread (GL) Sweetcorn	Beans Hash Brown (SUL)	Chips
Dessert	Eton Mess (E,M)	Lime & Coconut Sponge (GL,E)	Cherry Shortbread (GL,SUL)	Doughnuts (GL,E,M,SOY)	Arctic Roll (GL,E,M,SOY)



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Week commencing

9th March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Mild Chilli Con
Carne

Sweet & Sour
Chicken

Pasta Bolognese

Pizza Chicken

Katsu Chicken
(GL,M)

Gluten Free

Mild Chilli Con
Carne

Sweet & Sour
Chicken

GF Pasta
Bolognese

GF Pizza Chicken

GF Katsu Chicken
(M)

Vegetarian

Vegetarian
Chilli Con
Carne

Sweet & Sour
Quorn
(GL, WHEAT)

Vegetarian Pasta
Bolognese (GL)

Quorn Pesto
(GL)

Katsu Quorn
(GL,M)

On The Side

Sweetcorn
Wedges
Tortillas

Rice
Prawn Crackers
(CRUST)

Garlic Bread (GL,M)
Mixed Salad
Peas

Saute Potatoes
Mixed
Vegetables

Sweetcorn
Pickled Vegetables
Chips

Dessert

Chocolate Rice
Pudding
(M)

Apple & Cinnamon
Sponge (GL,E)
Custard (M)

Peach & Raspberry
Crumble (GL)
Cream (M)

Ice Cream
(M)

Fresh Fruit Salad



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Week commencing

16th March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Meat Feast
Pizza
(GL,SUL,M)

Chicken Curry

Burger Beef
Burger (GL)

Roast Chicken with
Yorkshire Pudding
and Gravy

Macaroni Cheese
with Bacon
Lardons

Gluten Free

GF Pizza

Gluten Free
Chicken Curry

GF Burger

Roast Chicken
GF Yorkshire
Pudding

GF Macaroni
Cheese

Vegetarian

Three Cheese
Pizza
(GL,M)

Chickpea Curry

Vegetarian
Burger

Roasted Herb and
Garlic Quorn Fillet
with Yorkshire
Pudding and Gravy

Macaroni Cheese

On The Side

Garlic Bread
Mixed Vegetables

Rice
Naan Bread (GL)
Pappadums

Potato Wedges
Cheese, Tomatoes
Burger Sauce
Lettuce

Roast Potatoes
Fresh Broccoli
Garden Peas
Sliced Carrots

Corn on the Cob
Mixed Leaf Salad
Fresh Bread Rolls

Dessert

Apple, Sultana &
Cinnamon
Crumble (GL)
Custard (M)

Homemade Iced
Sponge Cake (GL)

Arctic Roll
Choice of
Strawberry or
Chocolate

Jam Doughnuts
or Sugar Ring
Doughnuts)

Choice of
Chocolate,
Strawberry or
Vanilla Ice Cream



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Week commencing

23rd March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

**Fish Fingers
or
Fish Filet**

**Chicken Burger
(GL)**

Gluten Free

GF Fish Filet

**GF Chicken
Strips**

Vegetarian

**Homity Pie,
Potatoes, Onions,
Leaks and Cheese
Shortcrust Pastry**

**Vegetable
Burger (GL)**

On The Side

**Chips
Fresh Vegetables
Baked Beans**

**Crispy Potato Cubes
Mixed Leaf Salad
Mayonnaise
Sliced Tomatoes**

Dessert

**Homemade
Carrot & Sultana
Sponge Cake
Custard**

**Freshly Baked
Chocolate Chip
Cookies**