



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Spring 2026



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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must

Lupin - Lup, Soya - Soy

The below choices are available at all times....

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

Minimum two available, some examples below

Rice | Pasta | Caesar

Grape Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (Changes Daily) | Tuna

Cheese | Ham | Boiled Egg

Sandwiches

Some examples of what's on offer depending on availability

Ham | Cheese | Tuna | Egg Mayo

Cheese Mayo | Chicken & Bacon Mayo | BLT

Top up your own sandwich with any salad from the bottom shelf

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas

Bananas | Apples

Still doesn't take your fancy?

Come and speak to one of the team!



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Classic Italian
Lasagne
(GL,M)

Chicken Pesto
(M)

Sausage & Mash
(GL,SUL)

Pork Meatballs
in Tomato Sauce
(SUL)
Pasta (GL)

Fishfingers
(GL,F)
GF Fish Fillet (F)

Gluten Free

GF Lasagne
(M)

Chicken Pesto
(M)

GF Sausages &
Mash

Pork Meatballs
in Tomato Sauce
(SUL)
GF Pasta

GF Fish Fillet
(F)

Vegetarian

Vegetarian
Lasagne
(E)

Quorn Pesto
(M)

Quorn Sausages
& Mash

Meatless Balls in
Tomato Sauce
(SUL)
GF Pasta

Fishless Fingers
(GL)

On The Side

Garlic Bread
(GL,M)
Peas

Saute Potato
Broccoli
Carrots

Yorkshire Pudding
(GL,E,M)
Seasonal Vegetables
Gravy

Focaccia Bread
(GL)
Mixed
Vegetables

Chips
Peas
Beans

Dessert

Rice Pudding (M)
Mousses (M)

Birthday Cake
(GL,E)

Fruit Crumble
(GL)
Custard (M)

Cookies
(GL,E,M,SOY)

Brownie
(GL,E,SOY)



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pasta Bolognese
(GL)

Mild Chicken
Curry

Macaroni Cheese
& Ham Bake
(GL,M)

All Day Breakfast
Egg (E)
Sausage (GL,SUL)
Bacon

Bap (GL)
BBQ Chicken
Skinless Sausage
(GL,SUL)

Gluten Free

GF Pasta
Bolognese

Mild Chicken
Curry

GF Macaroni
Cheese

All Day Breakfast
Egg (E)
GF Sausage (SUL)
Bacon

GF Bap (SOY)
BBQ Chicken
GF Sausage
(SUL)

Vegetarian

Vegetarian Pasta
Bolognese
(E)

Mild Vegetable
Curry

Maaroni Cheese
(GL,M)

All Day Breakfast
Egg (E)
Veg Sausage (SUL)

Bap (GL)
Veg Sausage (GL)
BBQ Quorn (GL)

On The Side

Peas

Rice & Poppadoms
Naan Bread (GL)
Rajita (M)
Mango Chutney

Mixed Vegetables
Focaccia Bread (GL)
Sweetcorn

Beans
Hash Brown
(SUL)

Chips

Dessert

Eton Mess
(E,M)

Lime & Coconut
Sponge
(GL,E)

Cherry Shortbread
(GL,SUL)

Doughnuts
(GL,E,M,SOY)

Arctic Roll
(GL,E,M,SOY)



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Week commencing

9th March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Mild Chilli Con
Carne

Sweet & Sour
Chicken

Pasta Bolognese

Pizza Chicken

Katsu Chicken
(GL,M)

Gluten Free

Mild Chilli Con
Carne

Sweet & Sour
Chicken

GF Pasta
Bolognese

GF Pizza Chicken

GF Katsu Chicken
(M)

Vegetarian

Vegetarian
Chilli Con
Carne

Sweet & Sour
Quorn
(GL, WHEAT)

Vegetarian Pasta
Bolognese (GL)

Quorn Pesto
(GL)

Katsu Quorn
(GL,M)

On The Side

Sweetcorn
Wedges
Tortillas

Rice
Prawn Crackers
(CRUST)

Garlic Bread (GL,M)
Mixed Salad
Peas

Saute Potatoes
Mixed
Vegetables

Sweetcorn
Pickled Vegetables
Chips

Dessert

Chocolate Rice
Pudding
(M)

Apple & Cinnamon
Sponge (GL,E)
Custard (M)

Peach & Raspberry
Crumble (GL)
Cream (M)

Ice Cream
(M)

Fresh Fruit Salad



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Week commencing

16th March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Meat Feast
Pizza
(GL,SUL,M)

Fish Fillet (F)
Fish Fingers
(GL,F)

Sticky BBQ
Chicken

Burger
(GL,SUL)

Roast Chicken
Dinner

Gluten Free

GF Pizza

GF Fish Fillet (F)

Stick BBQ
Chicken

GF Burger

Roast Chicken
Dinner

Vegetarian

Margherita Pizza
(GL,M)

Fishless Fingers
(GL)

Sticky BBQ
Quorn (GL)

“V” Burger
(GL,SUL)

Veg Roast Dinner
(GL)

On The Side

Peas

Mash
Carrots

3 Cabbage Slaw (E)
Diced Potatoes
Corn on the Cob

Chips
Cheese (M)
Beans

Potatoes & Gravy
Vegetables
Yorkshire Pudding
(GL,E,M)

Dessert

Apple, Sultana &
Cinnamon
Crumble (GL)
Custard (M)

Chocolate Orange
Sponge (GL,E)
Chocolate Sauce
(M)

American Pancakes
(GL,E,M)
Chocolate Drizzle
(SOY)

Cornflake Cake
(BARLEY,SOY,M)

Cherry
Cheesecake
(M,GL)



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Week commencing

23rd March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Main

**Chicken
Stir Fry**

**Chicken Burger
(GL)**

Gluten Free

**Chicken Stir Fry
Rice Noodles**

**Plain Chicken
Burger**

Vegetarian

**Vegetable Stir
Fry**

**Quorn Burger
(GL)**

On The Side

Noodles (GL)

Chips

Dessert

**Fresh Fruit Salad
Custard Tart
(GL,E,M)**

**Tiramisu
(GL,E,M,SOY)**