



Gosfield School
NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu Spring 2026



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Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.
Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must
Lupin - Lup, Soya - Soy

The below choices are available at all times....

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

Minimum two available, some examples below

Rice | Pasta | Caesar
Grape Apple & Celery | Cous Cous
Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (Changes Daily) | Tuna
Cheese | Ham | Boiled Egg

Sandwiches

Some examples of what's on offer depending on availability

Ham | Cheese | Tuna | Egg Mayo
Cheese Mayo | Chicken & Bacon Mayo | BLT
Top up your own sandwich with any salad from the bottom shelf

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas
Bananas | Apples

Still don't take your fancy?

Come and speak to one of the team!

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Classic Italian Lasagne (GL,M)	Chicken Pesto (M)	Sausage & Mash (GL,SUL)	Pork Meatballs in Tomato Sauce (SUL) Pasta (GL)	Fishfingers (GL,F) GF Fish Fillet (F)
Gluten Free	GF Lasagne (M)	Chicken Pesto (M)	GF Sausages & Mash	Pork Meatballs in Tomato Sauce (SUL) GF Pasta	GF Fish Fillet (F)
Vegetarian	Vegetarian Lasagne (E)	Quorn Pesto (M)	Quorn Sausages & Mash	Meatless Balls in Tomato Sauce (SUL) GF Pasta	Fishless Fingers (GL)
On The Side	Garlic Bread (GL,M) Peas	Saute Potato Broccoli Carrots	Yorkshire Pudding (GL,E,M) Seasonal Vegetables Gravy	Focaccia Bread (GL) Mixed Vegetables	Chips Peas Beans
Dessert	Rice Pudding (M) Mousses (M)	Birthday Cake (GL,E)	Fruit Crumble (GL) Custard (M)	Cookies (GL,E,M,SOY)	Brownie (GL,E,SOY)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Bolognese (GL)	Mild Chicken Curry	Macaroni Cheese & Ham Bake (GL,M)	All Day Breakfast Egg (E) Sausage (GL,SUL) Bacon	Bap (GL) BBQ Chicken Skinless Sausage (GL,SUL)
Gluten Free	GF Pasta Bolognese	Mild Chicken Curry	GF Macaroni Cheese	All Day Breakfast Egg (E) GF Sausage (SUL) Bacon	GF Bap (SOY) BBQ Chicken GF Sausage (SUL)
Vegetarian	Vegetarian Pasta Bolognese (E)	Mild Vegetable Curry	Maaroni Cheese (GL,M)	All Day Breakfast Egg (E) Veg Sausage (SUL)	Bap (GL) Veg Sausage (GL) BBQ Quorn (GL)
On The Side	Peas	Rice & Poppadoms Naan Bread (GL) Rajita (M) Mango Chutney	Mixed Vegetables Focaccia Bread (GL) Sweetcorn	Beans Hash Brown (SUL)	Chips
Dessert	Eton Mess (E,M)	Lime & Coconut Sponge (GL,E)	Cherry Shortbread (GL,SUL)	Doughnuts (GL,E,M,SOY)	Arctic Roll (GL,E,M,SOY)

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Main	Mild Chilli Con Carne	Sweet & Sour Chicken	Pasta Bolognese	Pizza Chicken	Katsu Chicken (GL,M)
Gluten Free	Mild Chilli Con Carne	Sweet & Sour Chicken	GF Pasta Bolognese	GF Pizza Chicken	GF Katsu Chicken (M)
Vegetarian	Vegetarian Chilli Con Carne	Sweet & Sour Quorn (GL, WHEAT)	Vegetarian Pasta Bolognese (GL)	Quorn Pesto (GL)	Katsu Quorn (GL,M)
On The Side	Sweetcorn Wedges Tortillas	Rice Prawn Crackers (CRUST)	Garlic Bread (GL,M) Mixed Salad Peas	Saute Potatoes Mixed Vegetables	Sweetcorn Pickled Vegetables Chips
Dessert	Chocolate Rice Pudding (M)	Apple & Cinnamon Sponge (GL,E) Custard (M)	Peach & Raspberry Crumble (GL) Cream (M)	Ice Cream (M)	Fresh Fruit Salad



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Week commencing

16th March 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meat Feast Pizza (GL,SUL,M)	Fish Fillet (F) Fish Fingers (GL,F)	Sticky BBQ Chicken	Burger (GL,SUL)	Roast Chicken Dinner
Gluten Free	GF Pizza	GF Fish Fillet (F)	Stick BBQ Chicken	GF Burger	Roast Chicken Dinner
Vegetarian	Margherita Pizza (GL,M)	Fishless Fingers (GL)	Sticky BBQ Quorn (GL)	"V" Burger (GL,SUL)	Veg Roast Dinner (GL)
On The Side	Peas	Mash Carrots	3 Cabbage Slaw (E) Diced Potatoes Corn on the Cob	Chips Cheese (M) Beans	Potatoes & Gravy Vegetables Yorkshire Pudding (GL,E,M)
Dessert	Apple, Sultana & Cinnamon Crumble (GL) Custard (M)	Chocolate Orange Sponge (GL,E) Chocolate Sauce (M)	American Pancakes (GL,E,M) Chocolate Drizzle (SOY)	Cornflake Cake (BARLEY,SOY,M)	Cherry Cheesecake (M,GL)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Stir Fry	Chicken Burger (GL)			
Gluten Free	Chicken Stir Fry Rice Noodles	Plain Chicken Burger			
Vegetarian	Vegetable Stir Fry	Quorn Burger (GL)			
On The Side	Noodles (GL)	Chips			
Dessert	Fresh Fruit Salad Custard Tart (GL,E,M)	Tiramisu (GL,E,M,SOY)			