Curriculum Outline

Subject: GCSE Art Year: 10

General Information: GCSE: Edexcel Art and Design Unendorsed: Code 1AD0

The structure of the year is to enable all students access to a broad and balanced curriculum for Art, allowing them to develop their skills and focus on new techniques. The development of their understanding of other artists/designers work forms an integral part of the course.

The exam board has four attainment objectives in the structure of the course and students must address these through their portfolio and their practical outcomes.

these through their portfolio and th	heir practical outcomes.				
First Half Term Topic	Second Half Term Topics	Third Half Term Topics			
<u>Natural Form</u>	<u>Natural Form</u>	<u>Surfaces</u>			
Research topic	• Ink	Research topic			
Primary resources	Painting	 Creating surface 			
Formal Elements	Mixed Media	Pattern			
Artist research	Artist research	 Artists and Designers 			
Photography	Ceramics	Trip to gather primary research			
Students are introduced to the	Students will extend their skills in a	Work on refining their ideas and			
course, the assessment objectives	variety of media and develop their	developing responses to a high			
and calendar of events and deadlines.	sketchbook with research and	standard, producing individual			
	annotation of other artists' work.	pieces.			
Assessment: Sketchbook work					
	Assessment: Outcome	Assessment: sketchbook work			
Fourth Half Term Topics	Fifth Half Term Topic Topics	Sixth Half Term Topics			
<u>Surfaces</u>	<u>Surfaces</u>	<u>Structures</u>			
Research topic	Develop ideas	Research topic			
Research Artists	 Experiment with processes to 	 Research Artists 			
Primary source material	refine designs.	 Primary source material 			
Drawing	Develop artists' research	Drawing			
		G			
Students will develop their work with	Development of drawings, sketches,	They must experiment and refine			
new visual imagery and the	and small studies will be the focus of	the level of skill to produce			
inspiration from artists and designers.	this term.	outcomes to a high standard.			
Assessment: Outcome					
	Assessment: Outcome	Assessment: sketchbook work			
		Assessment. Sketchbook work			

Curriculum Outline

Subject: AQA GCSE Science: BIOLOGY

General Information: Year 10 will continue the AQA GCSE Individual Science course (Biology, Chemistry and Physics) or Trilogy (Double Science) with a view to increasing and consolidating the practical skills and key concepts that form the basis for each subject.

Internally set and marked topic tests will take place throughout the year, but the terminal examinations for the course will not take place until the end of Year 11.

(You'll find all the content of Combined Science: Trilogy, including the 21 required practicals, in the separate sciences. This means that this specification is fully co-teachable with the separate GCSE sciences).

Autumn Term

- Organisation & the Digestive System
 - > Tissues & Organs
 - ➤ The Human
 Digestive System
 - Catalysts & Enzymes
 - Factors affecting Enzyme Action
 - How the digestive system works
 - Making Digestion efficient.
- Organising Animals & Plants
 - > The Blood
 - > The Blood Vessels
 - ➤ The Heart
 - Breathing & Gas Exchange
 - > Tissues & Organs in Plants
 - Transport Systems in Plants
 - Evaporation & Transpiration

Spring Term

- Communicable Diseases
 - > Health & Disease
 - Pathogens & Disease
 - Preventing Bacterial Growth (Triple)
 - Preventing infections
 - Viral diseases
 - Bacterial Diseases
 - Diseases caused by Fungi & Protists
 - Human defense responses
 - Plant Diseases (Triple)
 - Plant defense responses (Triple)
- Preventing & Treating Disease
 - Vaccination
 - Antibiotics & Painkillers
 - Developing Drugs
 - Monoclonal Antibodies (Triple)
- Non-communicable Disease
 - Cancer
 - Smoking
 - Diet, Exercise & Disease
 - Alcohols & other Carcinogens

Summer Term

- Photosynthesis
 - Photosynthesis

Year: 10 Triple & Trilogy

- The Rate of Photosynthesis
- Using Glucose
- Efficient Photosynthesis
- Respiration
 - Aerobic Respiration
 - The Response to Exercise
 - Anaerobic Respiration
 - Metabolism & the Liver



Curriculum Outline

Subject: GCSE Business Year: 10

General Information: Students will be learning the Edexcel examination course (1BSO). There are two written examinations which will be taken at the end of Year 11: Theme 1 Investigating a Small Business and Theme 2 Building a Business. Both papers are 1 hour 45 minutes long, 90 marks and are worth 50% of the qualification each. Both papers are divided into three sections and consist of calculations, multiple-choice, short-answer and extended-writing questions.

During Year 10 students will learn the material and develop the required skills for Theme 1. This theme concentrates on the key business concepts, issues and skills involved in starting and running a small business. It provides a framework for students to explore core concepts through the lens of an entrepreneur setting up a business.

During Year 11 students will learn the material and develop the required skills for Theme 2. This theme examines how a business develops beyond the start-up phase. It focuses on the key business concepts, issues and decisions used to grow a business, with emphasis on aspects of marketing, operations, finance and human resources. Theme 2 also considers the impact of the wider world on the decisions a business makes as it grows.

Autumn Term 1	Autumn Term 2	Spring Term 1
Theme 1: Investigating small business Topic 1.1: Enterprise and entrepreneurship	Theme 1: Investigating small business • Topic 1.2: Spotting a business opportunity	Theme 1: Investigating small business • Topic 1.3: Putting a business idea into practice
Spring Term 2	Summer Term 1	Summer Term 2
Theme 1: Investigating small business	Theme 1: Investigating small business • Topic 1.5: Understanding	Theme 2: Building a Business • Topic 2.1: Growing the business
Topic 1.4: Making the business effective	external influences on business	



Curriculum Outline

Subject: Spanish

Year: 10

General Information: Year 10 and Year 11 follow the Pearson Edexcel GCSE course. All skills are integral to each lesson (listening, speaking, reading, writing). Teachers and students use the target language as much as possible as the means of communication during lessons.

Autumn Term 1	Autumn Term 2	Spring Term 1
1: ¡Diviértete!	2: Viajes	3: Mi gente, mi mundo
Content: Digital life, sports and free time, going out at the weekend, describing a day that went wrong. Grammar: present tense regular and irregular verbs, opinion verbs and expressions, the near future, the preterite, direct object pronouns	Content: travel plans, festivals, what you did on holiday, accommodation Grammar: conditional, present, comparative and superlative, "if" clauses, imperfect tense	Content: family, people you admire Grammar: present continuous, ser and estar, adjectives, personal "a"
Spring Term 2	Summer Term 1	Summer Term 2
3: Mi gente, mi mundo	4: Mi estilo de vida	4: Mi estilo de vida
Content: friendships	Content: healthy daily	Content: complete the topic
and relationships, personal identity and	routines, food and mealtimes, old and new	End of module assessments
values, problems and	habits, illness and injury	Examination skills
advice	Grammar: reflexive	
Grammar: reflexive	verbs, comparatives	

verbs, para + infinitive,	
conditional	

Curriculum Outline 2025

Year: 10

Subject: GCSE Food Preparation and Nutrition

General Information:

The specification followed is the AQA GCSE Food (Specification 8585).

The Food Preparation and Nutrition GCSE focuses on the knowledge, understanding and skills required to cook and application of the principles of food science, nutrition and healthy eating.

The majority of the course is delivered through preparation and making activities. Pupils must make the connections between theory and practice to apply their understanding of food and nutrition to practical preparation.

Topics and themes have been grouped: Food, nutrition and health, Food Science, Food Safety, Food Choice and Food Provenance.

The GCSE will be examined in a 1 hour 45 minute written exam at the end of Year 11 worth 100 marks and 50% of the GCSE. It will also be assessed on two Non-exam assessments (NEAs). The first task is a Food Investigation worth 30 marks and the second is a Food Preparation assessment worth 70 marks. NEA 1 is assessed through a written or electronic report (1500-2000 words) including photographic evidence of the practical investigation. NEA 2 is assessed through a written or electronic portfolio including photographic evidence. Photographic evidence of the three final dishes must be included.

First Half Term Topics	Second Half Term Topics	Third Half Term Topics
Thist rian refin ropics	Second Ham Term Topics	Time trail retin ropics
3.2 FOOD, NUTRITION AND	3.2 FOOD, NUTRITION AND	3.4 FOOD SAFETY –
HEALTH – 3.2.1 Macronutrients	HEALTH -	3.4.2 Principles of food safety
3.2.2 Micronutrients & water	3.2.3 Nutritional needs and health	
		3.6 FOOD PROVENANCE
Skill for NEA - Nutritional analysis	3.4 FOOD SAFETY –	3.6.1 Environmental impact and
– diet and recipe	3.4.1 Food spoilage and	sustainability of food
	contamination	
Fourth Half Term Topics	Fifth Half Term Topic Topics	Sixth Half Term Topics
3.6 FOOD PROVENANCE	3.3 FOOD SCIENCE	3.5 FOOD CHOICE
3.6.2 Food production and	3.3.1 Cooking of food and heat	3.5.1 Factors affecting food
processing	transfer	choice
processing	3.3.2 Functional and chemical	3.5.2 British and International
	properties of food	cuisine
		3.5.3 Sensory evaluations
		3.5.4 Food labeling and marketing
		NEA 1 & 2 PRACTISE
		NEA skill – sensory analysis
		Practice Food Science
		Investigation



Curriculum Outline

Subject: Dance Year 10

A Level 2 Dance Award is Dance is offered as a co-curricular to.

General Information:

Dance Aims to:

- Help students to develop into rounded individuals who are confident, creative, cooperative, collaborative and considerate.
- Develop students' ability to work creatively and express themselves through dance.
- Train and develop students' performance skills in relation to a wide range of dance styles.
- Help students to consider the elements of different dance styles
- Promote a passion and interest in the Performing Arts.

Assessment will combine self, peer and teacher input.

Rotation Unit 1

Street Dance

- Health & Safety
- Social culture, background and context
- elements of style: moving and grooving, use of character, originality, intention, creativity, and social interaction
- unison, canon, formation, repetition, levels, direction, mirror, dynamics.
- Interpretive skills e.g. timing, focus, fluency, musicality, projection, energy, expression, quality, and emphasis.

Rotation Unit 2

Musical Theatre

- Conventions of MT dance
- Ensemble choreography
- Appreciation of professional works
- Refinement of technique
- Storytelling through dance

Characterisation through dance

Optional Block Unit 3

Dance from a Stimulus

- Set choreography
- Responding to a musical stimulus
- Independent/small group choreography
- Choreographic devices: Unison, Canon, Motif

Optional Block Unit 4

Exploration of Dance Styles through History (Workshops) eg:

- Charleston
- Disco
- Old Skool Musicals
- Dance from different cultures

Optional Block Unit 5

Choreography Challenge

- Principles of Choreography
- Application of chosen style



Curriculum Outline

Subject: Drama Year: 10

General Information

GCSE Drama follows the Eduqas syllabus, consisting of three Components which are all formally assessed in Year 11. Component 1 is Devised Drama. Students work in groups to create an original piece of theatre in a chosen genre/style. This piece must be developed from a choice of stimuli given by the exam board. This is a controlled assessment, comprised of a performance, Portfolio of work and written evaluation of the final performance.

Component 2 is a scripted practical examination. Students work in groups to rehearse 2 extracts from a play, which is examined by a Visiting Examiner.

Component 3 is the written exam. There are two sections: Section A studies a set text, with questions about acting, directing and design choices the student may make about a production of the set text. Section B is an evaluation question based on a piece of live theatre the students will see during the course.

Assessment

Assessment in Year 10 is teacher assessment, preparing students for the final assessments in Year 11. Mock assessments for all three Components take place throughout Year 10. Students can be assessed for Components 1 and 2 in either acting or theatre design (costume, set, lighting or sound design). Component 1 is worth 40%, Component 2 is worth 20% and Component 3 is worth 40% of the final GCSE.

Drama Aims to:

- Help students to develop into rounded individuals who are confident, creative, cooperative, collaborative and considerate.
- Develop their ability to work well as a team through the process of making theatre and giving constructive evaluation feedback to others.
- Train and develop students' performance skills in relation to a wide range of theatrical styles and genres
- Help students to consider the elements integral to creating effective Theatre especially the key dramatic techniques.
- Promote a passion and interest in the Performing Arts.

Autumn 1

- Introduction to C1 Devising Theatre: the devising process, working with stimuli, introduction to
 Portfolio
- Theatre exploration: Stage Types & Set Design, Props

Assessment: Non-graded C1 style Baseline assessment

Autumn 2

- C1 Devising & collaboration: Mock C1 project (minus specific practitioner/style)
- C3 Section B: Live Theatre Evaluation: National Theatre production Acting Focus
- Theatre exploration: Lighting & Costume Design
 Assessment: Mock C1 performance

Spring 1

- **C1 Genre Study:** Physical Theatre
- C1 Practitioner Study: Katie Mitchell
- C3 Section B: Live Theatre Evaluation: National Theatre production Design Focus
- **C3 Section A:** Comprehension of set text

Assessment: Physical Theatre OR Katie Mitchell Practical,
Portfolio and Evaluation

Spring 2

- **C1 Practitioner Study:** Brecht & Epic Theatre
- **C3 Section B:** exam technique developing written technique
- C3 Section A: Practical Exploration of set text

Assessment: Brecht Practical, Portfolio and Evaluation
C3 Section A/B practice

Summer 1

- C2 Performing from a Text: rehearsal techniques (Stanislavski & naturalism)
- C3 Section A: Set text Practical Exploration and exam practice
- C3 Section B: Live Theatre Evaluation: National Theatre production exam practice

Summer 2

• **C3 Section A:** Set text Practical Exploration and exam practice

• **C3 Section B: Live Theatre Evaluation:** National Theatre production exam practice

• C2 Performing from a Text: Mock C2 exam

Assessment: C3 Sections A and B Summer Exam
C2 Mock exam



Curriculum Outline

Subject: GCSE DT Year: 10

General Information: GCE: AQA Product design: 3D Design

The structure of the year is designed to prepare students for taking on a major GCSE project in year 11 worth 50% of the GCSE. Projects in year 10 are therefore structured to develop research skills, graphics skills, designing skills as well as being able to manufacture to high standards in a variety of materials. CAD/CAM is very much part of the structure of these projects with all students using 3D printing, laser cutting and 2D/3D design software to develop final ideas.

Theory teaching focuses on the fundamentals in this first year of the GCSE level course and so understanding materials and manufacturing processes are at the centre of the students' learning. Other topics will include industrial systems, design movements, work of famous designers, sustainability, new and emerging technologies as well as ergonomic principles. An end of year exam in the summer term will give a first taste of a past paper under examination conditions and so students will have covered most of the theory from the specification by this stage.

The exam paper is made up of parts A, B and C

A – core principles

- B Specialist technical principles
- C Designing and making principles

Autumn Term 1	Autumn Term 2	Spring Term 1
 Phone holder Project Marking out skills Driling accuracy Filing and polishing Linebending 	 Storage box project Measuring and marking Use of saws Jointing technique Wood finishing 	 Tealight holder design Project Research skills Design specification Graphics Skills
 Supporting theory Wood and plastics materials Stock forms Treatment and finishes Properties 	 Supporting theory Metal and composite materials Stock forms Treatments and finishes Properties 	 Supporting theory Smart materials and modern materials Stock forms Applications
Spring Term 2	Summer Term 1	Summer Term
Tealight holder Design Project	<u>Tealight holder Project</u>	Choosing the final A level Project

3D modelling skills	 Final manufacture 	Design Brief
Manufacturing	 Evaluation 	Analysis of the problem
development		Research skills
	Supporting theory	Supporting theory
Supporting theory		
	 Metal processes 	 Industrial practices
 Plastics processes 	 Composites processes 	 Production systems
 Wood processes 		 ICT in manufacture



Curriculum Outline

Subject: GCSE English Language and Literature

Year:10

General Information:

The specifications followed are AQA GCSE English Language (Specification 8700) and AQA GCSE English Literature (Specification 8702).

Each GCSE builds towards two exams at the end of the course, assessing the skills built during Years 10 and 11. The course planned integrates teaching and learning in both Language and Literature, with frequent crossover in the application of skills developed between the two subjects. A grade between 9 and 1 will be awarded at the end of the course based on exam performance for each subject.

Additionally, GCSE English Language has a compulsory 'endorsed' Spoken Language component with skills such as presenting and responding to questions assessed separately, graded either as Pass, Merit or Distinction.

First Half Term Topics

English Literature Paper 2

An Inspector Calls by J.B Priestley

Students will be taught to:

- Read and understand the plot, characters, and key events of the play
- Analyse Priestley's use of language, structure, and dramatic techniques
- Explore key themes such as responsibility, social class, and morality
- Support interpretations with precise textual references
- Develop clear, structured responses to exam-style question

Second Half Term Topics

English Literature Paper 1

A Christmas Carol by Charles
Dickens

Students will be taught to:

- Read and understand the plot, characters, and key events of the novella
- Analyse Dickens' use of language, description, and narrative techniques
- Explore themes such as family, social responsibility, and redemption
- Support interpretations with relevant textual references
- Develop clear, structured responses to exam-style questions

Third Half Term Topics

English Literature Paper 2

AQA Power and Conflict Poetry
Anthology

Students will be taught to:

- Read and understand a range of poems, considering meaning, tone, and mood
- Analyse poetic techniques such as imagery, structure, and language
- Explore themes of power, conflict, and human experience
- Support interpretations with evidence from the text
- Compare poems, developing clear and structured responses to exam-style questions

Fourth Half Term Topics

English Language Paper 1

Students will be taught to:

Section A - Reading

- Read and understand unseen texts
- Analyse language, structure, and meaning
- Support interpretations with precise textual references
- Answer a range of comprehension and analysis questions

Section B – Writing

- Plan and produce imaginative or descriptive writing
- Use vocabulary, sentence structure, and punctuation to engage the reader
- Organise ideas clearly and coherently
- Adapt writing for purpose, audience, and form

Fifth Half Term Topics

 Romeo and Juliet by William Shakespeare

Students will be taught to:

- Read and understand key scenes, characters, and plot developments
- Analyse Shakespeare's language, dramatic techniques, and structure
- Explore themes such as love, conflict, fate, and family
- Support interpretations with textual evidence
- Develop clear, structured responses to exam-style questions

Sixth Half Term Topics

Spoken Language - assessment and preparation

Students will be taught to:

- Understand the requirements of the Spoken Language assessment
- Plan and structure presentations and speeches effectively
- Use appropriate tone, register, and rhetorical techniques for an audience
- Develop confidence, clarity, and expression in spoken delivery
- Reflect on and improve their performance through rehearsal and feedback

GCSE Physical Education

<u>Delivery Outline</u>

Component 1 - Fitness and Body Systems

Topic 1 - Applied Anatomy and Physiology

1.1 The structure and functions of the musculo-skeletal system			
	Delivered By	Year	Timeline
1.1.1 The functions of the skeleton	Bir	10	Sept to October Half Term
1.1.2 Classifications of bones	Bir	10	Sept to October Half Term
1.1.3 Structure of skeleton	Bir	10	Sept to October Half Term
1.1.4 Classification of joints	Bir	10	Sept to October Half Term
1.1.5 Movement possibilities at joints	Bir	10	Sept to October Half Term
1.1.6 Role of ligaments and tendons	Bir	10	Sept to October Half Term
End of Half term Test	Bir	10	October Half term
1.1.7 Classification and characteristics of muscle types	Bir	10	Oct half term to Christmas
1.1.8 Location and role of the voluntary muscular system	Bir	10	Oct half term to Christmas
1.1.9 Antagonistic pairs of muscles	Bir	10	Oct half term to Christmas
1.1.10 Characteristics of fast and slow twitch muscle fibre types	Bir	10	Oct half term to Christmas
1.1.11 How the skeletal and muscular systems work together	Bir	10	Oct half term to Christmas
End of term test	Bir	10	End of Autumn term

1.2 The structure and functions of the cardio-respiratory system				
	Delivered By	Year	Timeline	
1.2.1 Function of the	Bir	10	Christmas to Feb half term	
cardiovascular system				
1.2.2 Structure of the	Bir	10	Christmas to Feb half term	
cardiovascular system		1.5		
1.2.3 Structure of the	Bir	10	Christmas to Feb half term	
arteries, capillaries and				
veins	D.	10		
1.2.4 Redistribution of	Bir	10	Christmas to Feb half term	
blood flow	D:	10	Christman F. L. L. Kanna	
1.2.5 Function of red and	Bir	10	Christmas to Feb half term	
white blood cells		10	5 1 14 16 .	
End of Half term Test	Bir	10	Feb Half term	
1.2.6 Composition of air	Bir	10	Feb Half term to Easter	
1.2.7 Vital capacity and	Bir	10	Feb Half term to Easter	
tidal volume				
1.2.8 Components of	Bir	10	Feb Half term to Easter	
respiratory system				
1.2.9 Structure of alveoli	Bir	10	Feb Half term to Easter	
1.2.10 How cardiovascular	Bir	10	Feb Half term to Easter	
and respiratory systems				
work together				
End of term Test	Bir	10	Spring Term	

3.1 The relationship between	health and fitn	ess and the role that ex	ercise plays in both
·	Delivered By	Year	Timeline
3.1.1 Definitions of fitness,	Bir & isi	10	Easter to Summer
health, exercise and			
performance and the			
relationship between them			
3.2 The components of fitnes	ss, benefits for	sport and how fitness is	s measured and improved
3.2.1 The components of	Bir & isi	10	Easter to Summer
fitness and the relative			
importance of these			
components in physical			
activity and sport			
3.2.2 Fitness tests	Bir & isi	10	Easter to Summer
3.2.3 Collection and	Bir & isi	10	Easter to Summer
interpretation of data from			
fitness results			
3.2.4 Fitness tests for	Bir & isi	10	Easter to Summer
specific components of			
fitness			
3.2.5. How fitness is	Bir & isi	10	Easter to Summer
improved - see 3.3.1 - 3.3.3			
3.3 The principles of training	and their appli	cation to personal exerc	ise/training programme
3.3.1. Planning training using	Bir & isi	10	Easter to Summer
the principles of training			
3.3.2 Factors to consider	Bir & isi	10	Easter to Summer
when deciding the most			
appropriate training			
methods and training			
intensities			
3.3.3 The use of different	Bir & isi	10	Easter to Summer
training methods for			
specific components of			
fitness, physical activity			
and sport			
3.4 The long term effects of	T		
3.4.1. Long term effects of	Bir & isi	10	Easter to Summer
aerobic and anaerobic			
training			
3.4.2 Long term training	Bir & isi	10	Easter to Summer
effects – train for longer			
and more intensely			
3.4.3 Long term training for	Bir & isi	10	Easter to Summer
effects and benefits -			
muscular system			
3.4.4 long term training for	Bir & isi	10	Easter to Summer
effects and benefits -			
cardiovascular system			
3.6 Effective use of warm-up		<mark>S</mark>	
3.6.1 The purpose and	Bir & isi	10	Easter to Summer
importance of warm ups and	3		
cool downs			
3.6.2 Phases of warm up	Bir & isi	10	Easter to Summer
3.6.3 Activities included in	Bir & isi	10	Easter to Summer

1.4 The short and long term effects				
	Delivered By	Year	Timeline	
1.4.1 Short and long term effects of physical activity on lactate accumulation etc	ZFo	11	Sept to October Half Term	
1.4.2 Short and long term effects of physical activity on the heart etc	ZFo	11	Sept to October Half Term	
1.4.3 Short and long term effects of physical activity on breathing	ZFo	11	Sept to October Half Term	
1.4.4 Respiratory and cardiovascular systems work together in physical activity	ZFo	11	Sept to October Half Term	
1.4.5 Long term effects of exercise on the body systems	ZFo	11	Sept to October Half Term	
1.4.6 Interpretation of graphs	ZFo	11	Sept to October Half Term	
End of Half term test	ZFo	11	October Half term	

<u>Topic 2 - Movement Analysis</u>

2.1 Lever systems				
	Delivered By	Year	Timeline	
2.1.1 First, second and third class levers and their use in physical activity and sport	ZFo	11	October Half Term to Christmas	
2.1.2. Mechanical advantage and disadvantage	ZFo	11	October Half Term to Christmas	
2.2 Planes and Axes of Movement	ZFo	11	October Half Term to Christmas	
2.2.1. Movement patterns using body plans and axes	ZFo	11	October Half Term to Christmas	
2.2.2 Movement in the sagittal plane about the frontal axis	ZFo	11	October Half Term to Christmas	

2.2.3 Movement in the frontal plane about the sagittal axis	ZFo 11		Oc	October Half Term to Christmas	
2.2.4 Movement in the transverse plan about the vertical axis	ZFo	1:	1	Oc	tober Half Term to Christmas
END OF UNIT TEST					
1.3 Anaerobic and Aerobic Ex	kercise				
	Delivered By	,	Year		Timeline
1.3.1 Energy	ZFo		11		Christmas to Feb Half term
1.3.2 Energy sourses	Zfo		11		Christmas to Feb Half term
3.5 How to optimise training o	nd prevent injur	y			
3.5.1 The use of PARQ to assess personal readiness for training	Zfo	11			Christmas to Feb Half term
3.5.2 Injury prevention	Zfo	11			Christmas to Feb Half term
3.5.3 Injuries that can occur in physical activity and sport	Zfo	11			Christmas to Feb Half term
3.5.4 RICE	Zfo	Zfo 11		Christmas to Feb Half term	
3.5.5 Performance enhancing drugs	Zfo	11		Christmas to Feb Half terr	

Component 2 - Health and Performance

Topic 1 - Health, Fitness and Well Being

1.1 Physical, emotional and social health, fitness and wellbeing						
Delivere Year Timeline						
d By						

1.1.1 Physical health	Isi	10	Sept to October Half Term
1.1.2 Emotional health	Isi	10	Sept to October Half Term
1.1.3 Social health	Isi	10	Sept to October Half Term
1.1.4 Impact on fitness on	Isi	10	Sept to October Half Term
well being			·
1.1.5 How to promote	Isi	10	Sept to October Half Term
personal health			·
1.1.6 Lifestyle choices	Isi	10	Sept to October Half Term
1.1.7 Positive and negative	Isi	10	Sept to October Half Term
impact on lifestyle choices			·
End of half term test	Isi	10	
1.2 The consequences of a se	dentary life	style	
1.2.1 A sedentary lifestyle	Isi	10	October Half Term to Christmas
and its consequences			
1.2.2 Interpretation and	Isi	10	October Half Term to Christmas
analyse of graphical			
representation of data			
associated with trends in			
physical health issues			
1.3 Energy use, diet, nutrition	<mark>n and hydra</mark>	<mark>tion</mark>	
1.3.1 Nutritional	Isi	10	October Half Term to Christmas
requirements and ratio of			
nutrients for a balanced			
diet			
1.3.2 The role and	Isi	10	October Half Term to Christmas
importance of			
macronutrients			
1.3.3 The role and	Isi	10	October Half Term to Christmas
importance of			
micronutrients			
End of Term Test	Isi	10	Christmas
1.3.4 The factors affecting	Isi	10	Christmas to feb Half term
optimum weight			
1.3.5 The variations in	Isi	10	Christmas to feb Half term
optimum weight according			
to roles in specific physical			
activities and sport			
1.3.6 The correct energy	Isi	10	Christmas to feb Half term
balance to maintain a			
healthy weight			
1.3.7 Hydration for physical	Isi	10	Christmas to feb Half term
activity and sport			
End of Half term Test	Isi	10	

Topic 2 - Sport Psychology

2.1 Classification of skill					
	Delivere d By	Year	Timeline		
2.1.1 Classification of a range of sports skills using the open/closed, basic, complex, low organisation/high organisation continua	Isi	10	feb Half term to Easter		
2.1.2 Practice structures	Isi	10	feb Half term to Easter		
2.1.3 Application of knowledge of practice and skill classifications	Isi	10	feb Half term to Easter		
2.2 Thes use of goal setting of	and SMART	targets to im	prove and/or optimise performance		
2.2.1 The use of goal setting	Isi	10	feb Half term to Easter		
2.2.2 Principles of SMART targets	Isi	10	feb Half term to Easter		
2.2.3 Setting and reviewing targets	Isi	10	feb Half term to Easter		
End of Term Test	Isi	10	Easter		

2.3 Guidance and feedback on performance					
2.3.1 Types of guidance to	Cbr	11	Sept to October Half term		
optimise performance					
2.3.2 Advantages and	Cbr	11	Sept to October Half term		
disadvantages of each type					
of performance					
End of Half term Test	Cbr	11			
2.3.3 Types of feedback	Cbr	11	Sept to October Half term to Christmas		
2.3.4 Interpretation and	Cbr	11	Sept to October Half term to Christmas		
analysis of graphs of data					
associated with feedback					
on performance					
2.4 Mental preparation for performance					
2.4.1 Mental preparation	Cbr	11	Sept to October Half term to Christmas		
for performance					
End of Half term test	Cbr	11	Sept to October Half term to Christmas		

<u>Topic 3 - Socio-cultural influences</u>

3,1 Engagement patterns of different social groups in physical activity

	Delivere d By	Year	Timeline
3.1.1 Participation rates in sport	Cbr	11	Christmas to feb half term
3.1.2 Interpretation and analysis of graphs of data associated with trends in participation rates	Cbr	11	Christmas to feb half term
3.2 Commercialisation of phy	sical activit	<mark>y and sport</mark>	
3.2.1 The relationship between commercialisation the media and physical activity and sport	Cbr	11	Christmas to feb half term
3.2.2 The advantages and disadvantages of commercialisation and the media	Cbr	11	Christmas to feb half term
3.2.3 Interpretation and analysis of graphs of data associated with trends in the commercialisation of physical activity and sport	Cbr	11	Christmas to feb half term
End of half term Test	Cbr	11	
3.3 Ethical and socio- cultura	l issues in p	hysical activity	and sport
3.3.1 The different types of sporting behaviour	Cbr	11	feb half term to Easter
3.3.2 Interpretation and analysis of graphs of data associated with trends in ethical and socio-cultural issues in physical activity and sport	Cbr	11	feb half term to Easter
End of term Test			

Curriculum Outline

Subject: GCSE Geography **Year**: 10

General Information: AQA GCSE Course – This includes a physical paper, a human paper and a controlled assessment.

Fieldwork is essential in order to equip pupils with the skills for Paper 3.

Autumn Term 1	Autumn Term 2	Spring Term 1
 What are hazards? Tectonic hazards Earth's Structure Plate Tectonics Volcanoes and Earthquakes Weather hazards 	Climate Change Factors causing it How to prevent it Ecosystems Different types-What are they? Tropical rainforests Impact on tropical rainforests How to manage them sustainably	 Cold Environments What are they? How they are created? Why they are now at risk? UK Physical landscape Rivers and their processes Landforms Flooding and management
Spring Term 2	Autumn Term 1	Autumn Term 2
Coasts Processes Landforms Case studies Management and at-risk areas	 Urban issues and challenges Growing cities Factors affecting rate of growth LIC case study UK case study Sustainability 	 Fieldwork for the skills paper River investigation techniques Settlement investigation techniques Presentation ideas

Curriculum Outline

Subject: History **Year:** 10

General Information: In History, students develop the skills to understand past events, analyse cause and effect, recognise patterns and evaluate sources with increasing confidence and sophistication. The GCSE course is from the Edexcel board. There will be three written papers (all in May/June of Year 11).

Autumn Term 1

Medicine in Britain 1250-Present

- Theory of the four humours
- Influence of Hippocrates and Galen
- Medieval approach to hospital care
- Black Death 1348
- Medical Renaissance in Britain
- William Harvey
- Great Fire of London
- Industrial Revolution
- Louis Pasteur and the Germ Theory

To recap causation and importance skills by introducing exam questions.

Autumn Term 2

Medicine in Britain 1250-Present

- Florence Nightingale
- Jenner and Snow
- Modern Britain
- Magic Bullet
- Creation of the NHS
- Fleming, Florey and Chain.
- Improvements in technology.

Exam skills - mind mapping, analysing cartoons, using sources. What to revise? Types of exam question

To recap causation and importance skills by introducing exam questions.

Spring Term 1

Medicine –British Sector of the Western Front

- Ypres, Somme, Arras and Combrai
- Conditions requiring treatment, rifle shots and explosions
- Work of RAMC and FANY
- Significance of medicine on the Western Front, Thomas splint, mobile x-rays and blood banks etc
- Source Work

To build on and improve on source skills.

Spring Term 2

Superpower relations and the Cold War

- Early tensions between East and West
- -The development of the Cold War
- -Cold war Intensifies-Hungarian Uprising
- -Cold War Crises, 1958-70, Berlin, Cuba and Czechoslovakia

Summer Term 1

Superpower relations and the Cold War

- Attempts to reduce tension between East and West
- Flashpoints –invasion of Afghanistan
- The Collapse of Soviet Control- Gorbachev, fall of the Berlin Wall and Collapse of the Soviet Union

Summer Term 2

Anglo Saxon and Norman England, 1060-88

- Anglo –Saxon Society and Economy.
- Edward the Confessor
- Law and Order



Curriculum Outline

Subject: Mathematics **Year: 10** - 11

General Information

Students in years 10-11 follow a 2-year GCSE course. The current resource used is the Just Maths' GCSE scheme of work. Higher students follow the 'Cross-Over' and 'Working Above' schemes. Intermediate students follow a selection of 'Working Towards' and the 'Cross-Over' schemes. Foundation students study the 'Working Towards' scheme and a small selection of topics from the 'Cross-Over' scheme.

At the end of the course, there are 3 \times 1.5-hour GCSE examinations for both tiers (Foundation, Higher).

Students will complete various assessments on key topics throughout the year to check and consolidate their learning. Formal assessments will be sat when appropriate in the Scheme of Work, and students will always be given advanced notice of any assessment. In addition, students sit an End of Year exam that is graded and compared to their (CEM) targets to check progress made. These are comprised of GCSE questions to gain a more reliable measure of where our students are in their learning.

As a result of how different students learn, teachers may adjust their approach to teaching by altering the flow of topics dependent on the level at which the students are working. The flow of topics will also depend on the group a student is in. Consequently, each class may work faster or slower according to the needs and learning styles of the students.

Topics exclusive to the higher paper are in bold.

- Prime Factorisation
- Factors and Multiples
- Pythagoras' theorem, including in 3D
- Trigonometry
- Similarity
- Rectangles
- Compound shapes
- Area of 2D shapes
- Circles, theorems
- Transformations
- Pythagoras' theorem, including in 3D
- Trigonometry
- Negative/fractional powers
- Limits of accuracy
- Cumulative Frequency

- Probability
- Mutually exclusive and exhaustive outcomes
- Expectation
- Two-way tables
- Venn diagrams
- Quadratic formula
- Standard form
- Mutually exclusive and exhaustive outcomes
- Experimental probability
- 3D shapes
- Volume & surface area
- Mutually exclusive and exhaustive outcomes
- Expectation
- Two-way tables
- Venn diagrams
- Algebraic fractions

- Linear inequalities
- Graphical inequalities
- Trial and improvement
- Reciprocals, recurring decimals
- Negative/fractional powers
- Surds & bounds
- Limits of accuracy
- Solving linear equations
- Variable on both sides
- Trial and improvement
- Sine & Cosine rule
- Percentage increase / decrease
- Vectors proof questions
- Congruency

- Completing the square
- Solving linear and nonlinear equations
- Sampling data
- Frequency polygons
- Cumulative frequency graphs
- Box plots
- Histograms
 - Equivalent FDPs
 - Percentages
 - Compound measures
 - Reverse percentages
 - Direct and inverse proportion
 - Quadratic graphs
 - Percentage increase/decrease

- Combined events
- Tree diagrams
- Independent events
- Conditional probability
- Sampling
- Pie charts
- Scatter diagrams
- Grouped data and averages
- Constructions
- Loci
- Tree diagrams
- Independent events
- Conditional probability
- Solving linear and nonlinear equations
- Frequency polygons
- Cumulative frequency graphs
- Histograms

- Consolidation/Revision
- End of Year exams



Curriculum Outline 2025-2026

Subject: Music Year: 10

General Information:

Three main components - Listening, performing and composition.

The skills learned in KS3 will be built upon and developed further. The course is accessible to all but it is a requirement that students can play an instrument or sing up to at least grade 3 standard. It's also recommended that one-one music lessons are taken alongside the classroom lessons. Composition and performance take place throughout the course as an ongoing concern.

There are four main Areas of Study (AoS):

- 1: Musical Forms & Devices Baroque, Classical & Romantic eras.
- 2: Music for Ensemble Jazz, Blues, Chamber Music.
- **3: Film Music** Mood, atmosphere and motifs.
- **4: Popular Music** All genres of pop music from 1900 present day.

4. 1 optimi ividic Ali genies of pop music nom 1900 present day.						
First Half Term	Second Half Term	Third Half Term				
Intro to course	Composing techniques	Film Music				
Basic Skills						
Listening: AoS2: Music for ensembles. Small groups.	Listening: Wider listening to AoS2	Listening: John Williams, Korngold, John Barry, Hans Zimmer, Giocchino.				
Elements: MAD T_SHIRT mnemonic. How to analyse music.	Elements: Harmony/Structure	Elements: Melody, dynamics				
Performing: Related to AoS2	Performing: Related to AoS2	Performing: Related to AoS3				
Composing: Intro to composition techniques related to AoS2.	Composing: Finalise piece related to AoS2	Composing: Creating and developing a Leitmotif				

Fourth Half Term	Fifth Half Term	Sixth Half Term
POP MUSIC	MUSICAL FORMS & DEVICES	Recap of all Areas of Study
Listening: Unfamiliar pop music. Set work – TOTO.	Listening: Baroque, classical, romantic. Set Work - Bach	Listening: Wider listening for all AoS
	Elements: All.	
Elements: 12 Bar Blues		Performing: Ensemble
(structure) etc.	Performing: Related to	pieces
	AoS1	
Performing: Related to	7031	Composing: Finalise FREE
AoS4	Composing: Composing a	comp 1
Composing: Writing an	classical minuet & Trio	
effective pop song		

Curriculum Outline

Subject: AQA GCSE SCIENCE PHYSICS

General Information: Year 10 will continue the AQA GCSE Individual Science course (Biology, Chemistry and Physics) or Trilogy (Double Science) with a view to increasing and consolidating the practical skills and key concepts that form the basis for each subject.

Internally set and marked topic tests will take place throughout the year, but the terminal examinations for the course will not take place until the end of Year 11.

(You'll find all the content of Combined Science: Trilogy, including the 21 required practicals, in the separate sciences. This means that this specification is fully co-teachable with the separate GCSE sciences).

Autumn Term

- Molecules & Matter
 - Density
 - States & Changes of Matter
 - Internal Energy
 - Specific Latent Heat
 - Gas Pressure & Temperature
 - Gas Pressure & Volume (triple)
- Radioactivity
 - Discovery of the Nucleus
 - Alpha, Beta &Gamma Radiation
 - Half-Life
 - Nuclear Radiation in Medicine (Triple)
 - Nuclear Fission (Triple)
 - Nuclear Fusion (Triple)

SpringTerm

- Wave Properties
 - The Nature of Waves
 - The properties of Waves
 - Reflection & Refraction
 - Sound Waves (Triple)
 - Ultrasound (Triple)
 - Seismic Waves (Triple)
- Electromagnetic Waves
 - > The Electromagnetic Spectrum
 - Long Wave Radiation
 - Communications
 - Short Wave Radiation
 - X-rays in Medicine
- Light (Triple)
 - Reflection of Light
 - Refraction of Light
 - Colour
 - Lenses

Summer Term

Electric Circuits

Year: 10 Triple & Trilogy

- Electric Charges & Fields (Triple)
- Electric Current
- Potential Difference& Resistance
- Component Characteristics
- Series Circuits
- Parallel Circuits
- Electricity in the Home
 - Alternating Current
 - Cables & Plugs
 - Electrical Power
 - Fuses
 - Appliances & Efficiency



SENIOR SCHOOL PE PROGRAMME

	Sept – Oct Half Term	Oct Half term – Christmas	Christmas to Feb Half Term	Feb Half term to Easter	Summer Term
					Athletics until Half term
YEAR 7, 8, 9	Basketball	Basketball	Rackets Sports	Attacking Principles of Play	
Boys	Group 1	Group 1	Group 1	Group 1	Tennis
				&	&
			Rackets Sports	Group 2	Golf
	Football	Football	Group 2		
	Group 2	Group 1			
					Athletics until Half term
Year 7,8,9	Netball	Football	Attacking Principles of	Racket Sports	
Girls			Play	·	Tennis
					&
					Golf

Boys PE – Groups 1 & 2 will be finalised after the First week of term and pupils will be informed of what group they are in



SENIOR SCHOOL GAMES PROGRAMME

	Autumn Term	Spring Term	Summer Term
YEAR 7 & 8 BOYS	Football	Rugby	Athletics & Cricket
		or	
		Basketball and Touch Rugby	(45 mins of each for the first 3 weeks,
YEAR 7 & 8 GIRLS	Hockey	Netball	then cricket only)
YEAR 9 BOYS	Football	Rugby	Athletics & Cricket
		or	
		Basketball and Touch Rugby	(45 mins of each for the first 3 weeks,
YEAR 9 GIRLS	Hockey	Netball	then cricket only)
YEAR	Hockey all girls	Choice of	Choice of
10, 11,	Football Boys all boys	Rugby	Girls Cricket
		Rugby Touch	Boys Cricket
	There will be U15 & U16 Hockey, Netball and	Netball	Athletics (team)
	Football Fixtures this term	Basketball	
			(These choices are subject to change
		Table Tennis / Badminton / Weights	depending on facility and staff availability)
		(These choices are subject to change	
		depending on facility and staff availability)	If in previous years you have played Cricket for school it will be expected you play this sport in
		If in previous years you have played Netball or	this term's games afternoon
		Football for school it will be expected you play	
		these sports in this term's games afternoon	
		There will be U16 rugby, Netball Fixtures this term	



Curriculum Outline

Subject: French Year: 10

General Information: Year 10 and Year 11 follow the Pearson Edexcel GCSE course. Year 10 began the GCSE units 1-3 in Year 9. All skills are integral to each lesson (listening, speaking, reading, writing). Teachers and students use the target language as much as possible as the means of communication during lessons.

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Autumn Term 1	Autumn Term 2	Spring Term 1			
3: School life	4: Good Health	5: Holidays			
Content: memories of Primary school, languages and the future Grammar: imperfect tense, direct object pronouns, 3 tenses (present, imperfect, near future)	Content: meals, good mental health, illness, seeing the doctor, accidents, future lifestyle changes Grammar: partitive, present and perfect tenses, modal verbs, perfect tense with avoir and etre	Content: ideal holidays, what you can see and do, festivals, reviewing and booking a holiday, holiday activities Grammar: pour + infinitive, modal verbs, negatives, "if" clauses, range of tenses			
Spring Term 2	Summer Term 1	Summer Term 2			
6: Our planet	Examination skills 6: Our planet	Revise and Revisit Year 9 topics adding HIGHER content Content: free time, digital life, sport, family and friends, school life			
Content: geography and climate, environmental problems Grammar: comparative, future, present	Content: social issues and our contributions				
and perfect, multiple tenses	Grammar: multiple tenses	Grammar: Higher features			



Curriculum Outline

Subject: Computer ScienceYears: 10-11

General Information: Pupils will develop their e-safety awareness, digital soft skills and text-based coding skills throughout the course of the year.

Autumn Term 1: Back to Basics and 1.3 Networks

Pupils will learn:

- what the different internal components of a computer are:
- how to write code to ask the user for an input and manipulate it;
- what the internet is;
- how the internet works;
- what the difference is between a LAN and WAN;
- what hardware is needed in a network:
- the differences of different networks:
- how to draw and identify network topologies;
- the advantages and disadvantages of wired and wireless connections.

Autumn Term 2: 1.4 Network Security and 2.1 Algorithms

Pupils will learn:

- about different types of malware;
- about different network attacks including DoS:
- how networks are tested for weaknesses in security:
- the different types of hacker:
- how networks can be protected;
- how to read and draw flowcharts to solve problems;
- how to perform Bubble, Merge and Insertion Sorts;
- how to write pseudocode;
- how to perform Binary and Linear Searches.

Spring Term 1: 1.1. Systems Architecture

Pupils will learn:

- what the Central Processing Unit (CPU) is;
- how the CPU works;
- what the cache is and where it is located;
- what a peripheral is;
- what primary memory is;
- what Von Neumann Architecture is;
- what affects CPU performance;
- what embedded systems are.

Spring Term 2: 1.5 Systems Software and 2.2 Programming Fundamentals

Pupils will learn:

- what an Operating System (OS) is and what they do;
- what compression is;
- what defragmentation is;
- what encryption is;
- what variables are;

Summer Term 1: 1.6 Ethical Issues and 2.3 Robust Programming

Pupils will learn:

- ethical issues surrounding device use;
- cultural issues surrounding device use:
- privacy issues surrounding device use;

Summer Term 2: 1.2 Memory and Storage and 2.4 Boolean Logic

Pupils will learn:

- what primary storage is;
- what secondary storage is;
- data is measured in;
- how images are stored;
- how audio files are stored;
- what file compression is;

o what and how to use	o law and legislations	o what logic gates are;
variables;	surrounding device use;	○ draw logic circuits;
 what sequencing and 	o how	○ read and create truth tables;
selection is;		
 what and how to use 		
iterations;		
 how to use string casting; 		
 what data persistence is; 		
○ what SQLs are;		
what arrays are.		
Autumn Term 3: Component 1	Autumn Term 4: Component 1	Spring Term 3: Component 1
Revision and 2.5 Programming	Revision and 2.2 Programming	Revision and 2.2 Programming
Languages	Fundamentals Revision	Fundamentals Revision
Pupils will learn:	Pupils will learn:	Pupils will learn:
o how to	o how to u	○ how to
Spring Term 4: Component 1	Summer Term 5: Components	
Revision and 2.2 Programming	1 and 2 Revision	
Fundamentals Revision		
	Pupils will learn:	
Pupils will learn:	o how to	
o how to		