



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Autumn 2025



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our Menu's are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must
Lupin - Lup, Soya - Soy

**The below choices
are available at
all times....**

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

*Minimum two available,
some examples below*

Rice | Pasta | Caesar | Grape
Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (*Changes Daily*) | Tuna
Cheese | Ham | Boiled Egg

Sandwiches

*Some examples of what's on offer
depending on availability*

Ham | Cheese | Tuna | Egg Mayo
Cheese Mayo | Chicken & Bacon Mayo | BLT

*Top up your own sandwich with any salad from the
bottom shelf*

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas
Bananas | Apples

**Still don't take your fancy?
Come and speak to one of the team!**

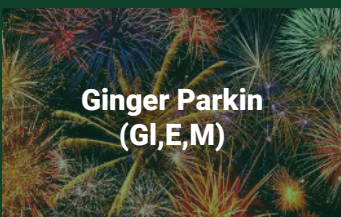


Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
3rd November 2025

	Monday	Tuesday	Wednesday (Bonfire Night)	Thursday	Friday (Fish Friday)
Main	 Pasta (GL) Italian Bolognese (G/F Barley, E)	Murgh Mukhani Chicken (M)	 Hot Dog (GL) Jacket Potato Bar (E.G Chilli Curry)	 Portuguese Piri Piri Chicken	Fishfingers (F, GL)
Gluten Free	 G/F Pasta Italian Quorn Bolognese (GF Barley, E)	Murgh Mukhani Chicken (M)	 Hot Dog (GF) Jacket Potato Bar (E.G Chilli Curry)	 Portuguese Piri Piri Chicken	GF Battered Fish Fillet (F)
Vegetarian	 Pasta (GL) Italian Quorn Bolognese (GF Barley, E)	Vegan Murgh Mukhani	 Vegan Hot Dog (GL) Jacket Potato Bar (E.G "V" Chilli)	 Portuguese Piri Piri Quorn Fillet (GL)	Vegan Fishless Fingers (GL)
On The Side	 Garlic Bread (GI, M)	Basmati Rice Poppadom Chota Naan (GL) Kachumber Salad	 Nachoes Dips (M) Coleslaw (E)	 Corn On The Cob Potato Wedges	Chips Peas Baked Beans Spaghetti Hoops (GL)
Dessert	 Cookies (GI, E, M, Soy)	Tiramisu (GI, E, M)	 Ginger Parkin (GI, E, M)	 Spiced Rice Pudding (M)	Ice Cream (M) Lollies



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
10th November 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Root Vegetable & Butternut Biryani	Classic Italian Beef Lasagne (GL,M)	Butchers Sausage (GI,SUL)	Creamy Basil Pesto Chicken	Baguette Bar (GL) Spicy Beef Sausage
Gluten Free	Vegetable & Chickpea Curry	GF Beef Lasagne	GF Pork Sausages (SUL)	Creamy Basil Pesto Chicken	Bacon GF Sausage (SUL) BBQ Pulled Chicken
Vegetarian	Chota Naan (GL) Poppadom Rajita (M) Mango Chutney	Roasted Veg & Spinach Lasagne (GI,M)	Glamorgan Vegetarian Sausages Vegan Sausage	Vegan Pesto Quorn (GL)	Vegan Sausage BBQ Quorn (GL)
On The Side	Chota Naan (GL) Poppadom Rajita (M) Mango Chutney	Garlic Bread (GI,M) Peas	Mash East Coast Savoy Cabbage	Broccoli Carrots Crushed New Potatoes	Tortillas 3 Cabbage Slaw Sweetcorn
Dessert	Spiced Apple Crumble (GI) Custard (M)	Classic Shortbread (GL)	Banana & Chocolate Cake (GI,E,M,Soy)	Biscoff Cheesecake (GI,M,Soy)	Mousse Pots (M) Ice Cream (M) Lollies

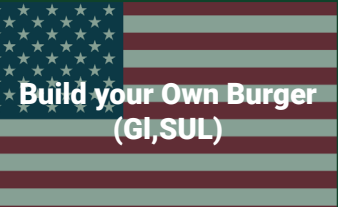


Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
17th November 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mac 'n' Cheese (GL)	 Mexican Chilli Con Carne	 Katsu Chicken (GL)	Chicken Alfredo Pasta Bake (GI,M)	 Build your Own Burger (GI,SUL)
Gluten Free	G/F Mac 'N' Cheese	 Mexican Chilli Con Carne	 Plain Chicken Katsu Sauce	G/F Pesto Bake	 Gf Build your Own Burger (Soy LUP)
Vegetarian	Vegan Mac 'N' Cheese	 Vegan 5 Bean Chilli	 Katsu Quorn (GI,E)	Vegan Pesto Bake (GL)	 Vegan Burger
On The Side	Mixed Vegetables Garlic Bread (GI,M)	 Potato Wedges Peas	 Rice Curry Sauce Pickled Veg Sweetcorn	Garlic Bread (GI,M)	 Cheese (M) Jalapenos Gherkins (SUL)
Dessert	Eton Mess (M,E)	 Gosfield School Cake (GI,E,M)	 Cookies (GL,E,M,Soy)	Apple & Pear Crumble (GL) Cream (M)	 Doughnuts (GL,E,M,SOY)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
24th November 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pizza Bar (GI,M)	Sticky Korean BBQ Chicken	Autumn Cottage Pie Topped with Crispy Potatoes	Italian Pasta (GL) GF Meatballs in Pomodoro Sauce	Fish Friday Fishfingers (GI,F)
Gluten Free	GF Pizza	Sticky Korean BBQ Chicken	Autumn Traditional Cottage Pie Topped with Crispy Potatoes	GF Italian Pasta GF Meatballs in Pomodoro Sauce	Battered GF Fish Fillet (F)
Vegetarian	Vegan Pizza	Sticky Korean BBQ Quorn (GL)	Vegan Cottage Pie	Italian Pasta (GL) Meatless balls in Pomodoro Sauce	Cheese & Onion Quiche (GI,E,M)
On The Side	Garlic Bread (GI,M) Mixed Vegetables	Kimchi Dressed Leaf Pickled Cucumber	Green Beans	Garlic Bread (GL,M)	Chips Peas Beans
Dessert	Ice Cream (M) Lollies	Cookies (GI,E,M,SOY)	Pancakes (GI,E,M) Chocolate Sauce (Soy)	Rice Pudding & Jam (M)	Arctic Roll (GI,E,Soy,M)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
1st December 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti Bolognese (GL)	Chicken Stew Dumplings (GL)	Baguette Bar (GL) Various Fillings	All Day Breakfast Egg (E), Bacon, Sausage (GI,SUL), Hash Brown, Beans, Tomatoes, Mushrooms	Pizza Bar Meat Feast (GI,M,SUL)
Gluten Free	Gf Spaghetti Bolognese	Chicken Stew	GF Ciabatta Various Fillings	All Day Breakfast Egg (E), Bacon, GF Sausage (SUL), Hash Brown, Beans, Tomatoes, Mushrooms	GF Pizza (M, Sul)
Vegetarian	Vegan Spaghetti Bolognese (GL)	Vegan 5 Bean Stew Dumplings (GL)	Baguette Bar Various Fillings	All Day Breakfast Egg (E), Bacon, Vegi Sausage (GI), Hash Brown, Beans, Tomatoes,Mushrooms	Margarita Pizza (GI,M)
On The Side	Homemade Focaccia	Seasonal Vegetables Mashed Potatoes	Sweetcorn Tortillas		Wedges
Dessert	Winter Berries Eton Mess (E,M)	Cookies (GI,E,M,SOY)	Cheesecake of the Day (GI,M)	Jam & Coconut Sponge (GI,E)	Ice Cream (M) Mousse Pot (M) Lollies



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
8th December 2025

	Monday	Tuesday	Wednesday	Thursday (Christmas Dinner Day)	Friday
Main	Hunters Chicken (M)	Sweet & Sour Pork	Chicken Jalfrezi	Roast Turkey	Breaded Chicken Burger (GL)
Gluten Free	Hunters Chicken (M)	Sweet & Sour Pork	Chicken Jalfrezi	Roast Turkey	G/F Chicken Burger
Vegetarian	BBQ Quorn Fillet with Cheese (M)	Sweet & Sour Quorn (GL)	Mixed Vegetable Biryani	Vegetarian Wellington	Vegetarian Burger (GL)
On The Side	Sauté Potatoes Broccoli Carrots	Rice Prawn Crackers (Crust)	Basmati Rice Chota Naan (GL) Poppadum's & Dips (M)	Roast Potatoes Pigs in Blanket (SUL) Carrots, Broccoli Stuffing (GL)	Chips Beans Spaghetti Hoops (GL) Cheese (M) Pickles
Dessert	Mixed Fruit Crumble (GL) Cream (M)	Brownie (GI,E,M,Soy)	Vanilla Shortbread (GL)	Arctic Roll (GI,M,SOY,E) Reindeer Cookie (GI,E,M,Soy)	Chocolate Chip Cookies (GI,E,M,SOY)