



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

School Lunch Menu

Summer Term 2025



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Our aim is for students to have an early understanding of fresh, healthy food that will have a positive impact throughout their lives.

We serve fresh nutritionally balanced lunches with a variety of meat, vegetarian and vegan options, also encouraging students to taste each dish before choosing their lunch, this helps to broaden their palettes to new tastes and textures.

We use local Suppliers & change our menu termly to ensure only the best quality ingredients make it to their plates. Our menus are reviewed regularly, based on the students feedback and market availability.

We also offer filled Jacket Potatoes, Pasta, Daily Specials, Deli Counter with fresh salads and sandwiches, alongside hearty soups in the colder months with hot or cold desserts to top it off.

All Allergies & Dietary requirements are served safely and efficiently using a two tier checking system.

Gluten & Dairy Free alternatives are always readily available upon request.

Please feel free to get in touch with any questions or queries concerning students requirements.

Key

SUL - Sulphite, GL - Gluten, M - Milk, Fish - Fish, Egg - E, Celery - Cel, Mustard - Must
Lupin - Lup, Soya - Soy

**The below choices
are available at
all times....**

Jacket Potato

Choose your filling

Cheese | Beans | Tuna | Side Salad | Butter

Salad

Sweetcorn | Beetroot | Cucumber | Lettuce
Tomatoes | Peppers | Coleslaw

Composite Salad of the Day

*Minimum two available,
some examples below*

Rice | Pasta | Caesar | Grape
Apple & Celery | Cous Cous

Pasta available daily upon request

Proteins for Salad/Jackets

Protein Pot (*Changes Daily*) | Tuna
Cheese | Ham | Boiled Egg

Sandwiches

*Some examples of what's on offer
depending on availability*

Ham | Cheese | Tuna | Egg Mayo
Cheese Mayo | Chicken & Bacon Mayo | BLT

*Top up your own sandwich with any salad from the
bottom shelf*

Desserts

Fresh Fruit Pots | Yoghurt | Satsumas
Bananas | Apples

**Still don't take your fancy?
Come and speak to one of the team!**



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
21st April 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main			Roast Chicken	Butchers Sausage (GL,SUL)	All Day Breakfast
Gluten Free			Roast Chicken	GF Sausage (SUL)	All Day Breakfast
Vegetarian			Roast Quorn Fillet	Quorn Vegan Sausage (GL)	All Day Breakfast
On The Side			Roast Potatoes, Yorkshire Pudding (GL,E,M) Gravy Seasonal Vegetables	Gravy Buttered Savoy Cabbage Carrots	Hash Brown, Roll (GL) Bacon, Sausage Beans, Tomato, Egg (E) Gf Sausage (SUL) Veg Sausage (GL)
Dessert			Eton Mess (M,E) Scone With Jam & Cream (GL,E,M)	Birthday Cake (GL,E)	Biscoff Cheesecake (GL,SOY,M)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
28th April 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Jamaican Jerk Chicken	Minced Beef Lasagne (GI, M)	Sausage Plait (GI,E)	Macaroni Cheese with Ham (GI,M)	Fish (F) Breaded Fish Finger (GI,F)
Gluten Free	Jamaican Jerk Chicken	Gluten Free Lasagne	Gluten Free Sausage (SUL)	Gluten Free Macaroni Cheese	Gluten Free Fish (F)
Vegetarian	Jamaican Vegetable Curry	Vegan Lasagne (GL)	Vegan Plait (GI,E)	Macaroni Cheese (GI,M)	Bean Burger (GL)
On The Side	Rice & Peas Spicy Cabbage	Garlic Bread (GL,M) Petit pois	Gravy Mash Carrots & Broccoli	Focaccia Bread (GL)	Peas Beans Spaghetti Hoops (GL)
Dessert	Peach & Raspberry Crumble (GI) Cream (M)	Coconut & Lime Sponge (GL,E)	Double Chocolate Cookie (GI,E,M)	Lemon Tiramisu (GI,E,M)	Ice Cream (M)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
5th May 2025

	BH Monday	Tuesday	Wednesday	Thursday	Friday
Main		Chicken Curry	Spaghetti Bolognese (GL)	Mexican Chicken Fajita	Meat Feast Pizza (GI,M)
Gluten Free		Chicken Curry	GF Spaghetti Bolognese	Mexican Chicken	GF Pizza (M)
Vegetarian		Vegan Curry	Vegan Spaghetti Bolognese (GL)	Vegan Fajita	Margherita Pizza (GL,M)
On The Side		Rice Poppadom Naan Bread (GL) Chutney Raita (M)	Garlic Bread Peas & Sweetcorn	Tortilla (GL) Sour Cream (M) Grated Cheese (M) Guacamole Lime Wedges, Salsa	Potato Wedges Coleslaw (E)
Dessert		Banana Cake (GL,E)	Pancake (GI,E,M) Chocolate Sauce (SOY) Syrup	White Chocolate Chip Cookie (GL,E,M,SOY)	Blondie / Brownie Pots (GI,E,M,Soy)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
12th May 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mexican Chicken	Pasta & Meatballs in Tomato Sauce (GL)	Fish Fillet (F) Fishfinger (GI,F)	Chicken, Bacon & Leek Filo Pie (M,GL)	BBQ Burger (SUL,GL) Hot Dog (GL,SUL)
Gluten Free	Mexican Chicken	GF Pasta & Meatballs	GF Fish Fillet (F)	GF Tart (E,M)	GF Burger/Hot Dog
Vegetarian	Mexican 5 Bean Stew	Pasta Meatless Balls in Tomato Sauce (GL)	Deep Fried Halloumi (M,GL)	Vegetarian Quiche (GI,E,M)	Vegan Burger/Hot Dog (GL)
On The Side	Cobettes Wedges Peas	Garlic Bread (GI,M)	Peas Tartare (E) Chips Chip Shop Curry Sauce (GL)	Saute Potatoes Broccoli	Salads Coleslaw (E) Potato Salad (E)
Dessert	Rice Pudding (M) Pineapple Salsa	Pineapple Upside Down Cake (GL,E,SUL)	Chocolate Drizzle Cheesecake (GI,M)	Mousse Pots (M) Banoffee Pie (GI,M)	Doughnuts (GL,Soy,M)



Gosfield School

NURSERY ■ PREP ■ SENIOR ■ SIXTH FORM

A CO-EDUCATIONAL INDEPENDENT THROUGH SCHOOL

Week Commencing
19th May 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Korma (M)	Mince Beef Hot	Chicken Katsu (GL,SOY)	Baguette Bar Tortillas Coleslaw (E)	Fish Fillet (F) Fishfinger (GL,F)
Gluten Free	Chicken Korma (M)	Mince Beef Hot	Plain Chicken Breast Katsu Sauce	Tortillas Coleslaw (E)	GF Pasta & Cheese Bake
Vegetarian	Sweet Potato & Vegetable Curry	Vegan Hot Pot	Vegan Katsu (GL,E,SOY)	Baguette Bar Tortillas Coleslaw (E)	Southern Style Quorn Burger (GL,E,M)
On The Side	Naan (GL) Poppadom's Mango Chutney	Broccoli Peas	Rice Sweetcorn Pickled Vegetables (SUL)	See Board For Today's Choice	Chips Peas Spaghetti Hoops (GL)
Dessert	Jam & Coconut Sponge (GL,E,M,SUL)	Apple & Forest Fruit Crumble (GL) & Custard (M)	Shortbread Dipped in Chocolate (GL,SOY)	Lemon Meringue Pie (GL,E,M)	Ice Cream (M) Lollies